

Self and Work Course

Build Confidence • Gain a Qualification • Prepare for Work

Are you currently not working and looking to boost your confidence and job prospects?

Join Access2Employment's supportive 4-week programme, designed with local employers to help you develop the skills and workplace awareness needed for work, training, volunteering or further learning.

During the programme, you will:

- ✅ Work towards a Qualifications Scotland Award: Self and Work
- ✅ Build confidence and self-belief
- ✅ Identify your strengths and skills
- ✅ Improve communication and teamwork
- ✅ Develop problem-solving and decision-making skills
- ✅ Learn about workplace expectations directly from employers
- ✅ Improve your CV and job-search skills
- ✅ Prepare for interviews
- ✅ Set realistic goals for your future

For more information or to apply, please scan the QR code, call 0800 032 9768 or email access2employment@westlothian.gov.uk .
Applications close on Sunday, the 10th of January 2027.

⏰ **9.30am – 2.30pm**
📅 **Sessions take place Wednesday and Thursday, from Wednesday, the 20th of January to Thursday, the 11th of February 2027**
📍 **Livingston Station Community Centre, 4 Main St, Livingston EH54 8BE**

access 2 employment
Support and advice to help West Lothian residents into work

ADULT LEARNING
It's about you

Funded by UK Government

West Lothian Council