

## The Management Committee

Uphall Community Education Centre opened its doors in December 1999 and was established as a multipurpose venue to provide a focus for the community and to offer a range of services, facilities and activities.

The Management Committee comprises of representatives of user groups and interested individuals who are supported by West Lothian Council staff.

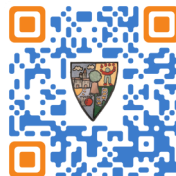
They meet monthly and discuss all aspects of the management of the centre and the needs of the community. The Management Committee must take account of West Lothian Council Policies.

The Management Committee is elected annually.

## What We Do

- Develop and manage the Centre and community groups.
- Encourage and enable local people to participate in voluntary work.
- Provide practical information on services.
- Work with other Community and Statutory Organisations on common issues and concerns.
- Provide opportunities for individuals to develop and become involved in their community.
- Rent out spaces to a variety of organisations and groups.

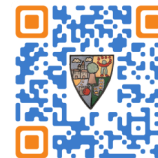
For the most up-to-date programme, please scan this QR Code.



**Uphall Community  
Education Centre**  
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Scan QR Code for  
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below for individual contacts



**For more information contact;**

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# Uphall Community Education Centre



## Programme



Scottish Charity Number—SC031603

Updated 24/01/2024

## Monday

Playgroup (from age 2)	9.15am-2.00pm
Indoor Bowls & Kurling	1.00pm-3.00pm
u3a Committee Meeting (1st of month)	1.30pm-4.30pm
u3a Mah-Jong (3rd of month)	2.00pm-4.00pm
u3a Scrabble (4th of month)	2.00pm-4.00pm
u3a Poetry (3rd of Month)	2.00pm-4.00pm
Back into Circulation Group	5.00pm-7.00pm
Sewing & Upcycling Group	7.00pm-9.00pm
Bridge 19-40 Union Canal (1st of month)	7.00pm-9.00pm
Management Committee (last of month)	7.00pm-9.30pm
ET Scottish Country Dancing (not 1st of month) (September - March)	7.30pm-9.30pm

## Tuesday

Playgroup (from age 2)	9.15am-2.00pm
Baby & Toddler Group	9.30am-11.00am
ESOL	9.45am-12.15pm
Ability Centre Outreach	10.00am-3.00pm
u3a Craft (3rd of month)	1.30pm-3.30pm
u3a Art (1st of Month)	2.00pm-4.00pm
u3a Photography (4th of Month)	2.00pm-4.00pm
Clr D Calder (1st of month)	6.00pm-7.00pm
Tourette's Support Group (2nd of month)	7.00pm-9.00pm
Alcoholics Anonymous (Open Meeting)	7.30pm-9.30pm

## Wednesday

Playgroup (age from 2)	9.15am-2.00pm
Scan & Cut	10.00am-2.00pm
u3a Book (1st & 4th of month)	10.15am-12.15pm
Parkinson's UK (last of month)	1.00pm-3.00pm
u3a Open Meeting (3rd of month)	1.00pm-4.00pm
Prayer Group	2.00pm-3.00pm
u3a Mah-Jong (1st of month)	2.00pm-4.00pm
u3a History (4th of month)	2.15pm-4.15pm
1st Uphall Brownies	6.15pm-7.15pm
1st Uphall Guides	7.15pm-8.45pm
Autism Family Support (Fusion Youth Club)	7.00pm-9.00pm
Community Council (3rd of month)	7.30pm-9.30pm
Livingston Fiddler's	7.30pm-9.30pm

## Thursday

Playgroup (age from 2)	9.15am-2.00pm
Ability Centre Outreach	10.00am-3.00pm
u3a Quiz (1st of month)	2.00pm-4.00pm
u3a Ukulele (2nd & 4th of month)	2.00pm-4.00pm
u3a Music (3rd of month)	2.00pm-4.00pm
Zumba with Jen	7.30pm-8.30pm
Ukulele Unison	7.00pm-9.00pm

## Friday

Playgroup (from age 2)	9.15am-11.30am
u3a Poetry (1st & 3rd of month)	10.00am-12.00pm
u3a Discussion (last of month)	10.00am-12.00pm
Parkinson's Exercise Class	3.00pm-4.00pm
Strathbrock Lodge #237 (3rd of Month)	6.00pm-10.00pm

## Saturday

Available for private functions

## Sunday

Baby Ballet	9.00am-11.00am
Art Group (not 2nd of month)	10.00am-12 noon
Scan & Cut (2nd of month)	10.00am-4.00pm
Kings Church	2.30pm-5.00pm

## Facilities & Resources Available

Accessible Toilet	Boom Boxes
Baby Changing	Football Table
Coffee Lounge	Internet Access
Hall	Knitting Machines
Kitchen	Laptops
Meeting Room	Loop System
PC Suite	Pool Table
Playgroup	Radio Microphones
Toilets	Sewing Machines
Youth Room	Tables & Chairs
	Table Tennis Table
	TV's
	Projector
	Projector Screen



Free Wi-Fi Available Here



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