

Scotland's Route Map Phase 3 – Easy Read

What is this easy read about?



The First Minister has announced some new rules and changes for coming out of lockdown



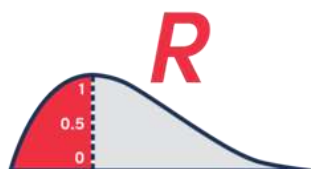
This is phase three of the Scottish Government Route map for coming out of lockdown



We are able to do more things



We will only be able to do more things if the virus keeps going down





To help the Scottish Government want us to remember FACTS



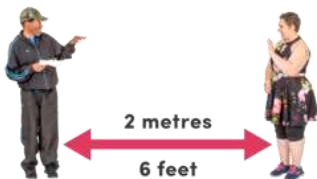
We should wear **face coverings**



We should avoid places with lots of **crowds**



Clean and **wash** your hands regularly



Remember to physically distance by **2 metres**



Remember to **stay at home** and get a test if you have symptoms



There are **different** rules for people that are shielding



Changes from 10th July



There are some changes from 10th July



A group of people that lives together is sometimes called a household



We can now meet with **4** households **outside**.
We should not meet with more than **15** people in total outside



2 different households can go **inside** the home of another household. This should be no more than **8** people in total



During **1** day a household can meet with another **4** households in total



Young people under the age of **18** years old can meet with more than **4** households



Children under **11** years of age do not need to physically distance indoors



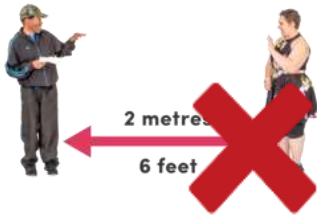
Adults and older children need to remember to physically distance indoors



Some people are in a relationship but **do not live** together



These people can now stay with each other in the same house and **do not have** to stay two metres away from each other



Changes from 13th July



Here are some changes from 13th July



Children and young people can play more sports outside



Shops inside of shopping centres can start to open again



Dentists will be able to see more patients and do more things



Face to face youth work can happen again

Changes from 15th July



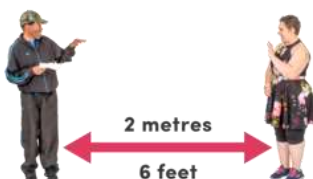
There will be some changes from the 15th July



All holiday accommodation will be able to open again



When places open inside we will need changes like physical distancing





Instead of just going to the place we might need to get a ticket or make a booking before we go



Indoor hospitality like bars and restaurants will be able to open again



Barbers and hairdressers will be able to open again



Museums and galleries will be able to open again



Libraries will be able to open again



All childcare providers like nurseries will be able to open again. It will depend on each individual place how they open at first



Places like churches and mosques will be able to open for groups to worship. There will be a limit on how many people can be inside at once



More people will be allowed to go to weddings and funerals

Changes from July 22nd



There will be some changes from the 22nd July



People will be able to go to universities and colleges. Lots of teaching and studying will still be online.



Tailors will be able to open



Beauticians will be able to open



Some changes will not happen until after 31st July
Some offices and call centres might be able to open again



Driving lessons should be able to start again



Bingo halls should be able to open again





Theatres should be able to open again



Music venues should be able to open again



Indoor gyms should be able to open again



Adults should be able to play outdoor contact sports again

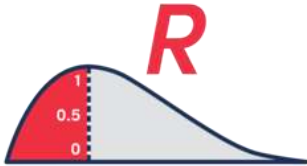
What about Schools?



Schools should still go back full time on August 11th



This will only happen if the virus stays low



What about care homes?



Care homes might be able to have more visitors from 24th July



Care homes where there no signs of illness from the virus for 28 days should be able to have more visits



More people should be allowed for **outside** visits



1 visitor should be allowed for **inside** visits

The images in this easy read were made using Photosymbols and Unsplash