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EducationPsychologyService

Educational Psychology Service
Compassionate and Connected Communities**A Needs Analysis for Trauma and Adversity**
Career Long Professional Learning: Report
Summary**Background**

All schools were asked to provide feedback on 3 key questions relating to their recent and future experiences of supporting children who have experienced trauma. Based on a 33% response rate, the following information was gathered:

Training already accessed by the schools in the authority includes:

- **Resilience “ACE’s” documentary**
- **Training support from within the authority** - Nurture (and Whole School Nurture), LAC awareness training, Give Us a Break training, the Health & Wellbeing conference and the ACEs hub conference
- **Training from outside organisations** - Pivotal training, de-escalation training, resilience toolkit training, Scottish Mental Health First Aid training, ACE awareness training, and training from Care visions
- **Training inputs from researchers and speakers** - Suzanne Zeedyk, Chris Kilkenny, Stephen Turnbull and Stan Godek
- **Professional reading**, “When the Adults Change, Everything Changes” by Paul Dix, “Poverty Safari” by Darren McGarvey and “Hidden in Plain Sight” by Carol Craig

“Working to improve the wellbeing and educational outcomes of children and young people in West Lothian through the practical application of psychology.”

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In addition, in partnership with the Inclusion and Wellbeing Service (Schools), we will also be developing a training program that will ultimately be available for all schools and will focus on responding to distressed behaviour within the context of building positive relationships.

The EPS will also continue to deliver the Looked After Children awareness training this session which also provides background information on the impact of trauma on learning.

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