# west lothian community planning partnership







2013 - 2023



# Introduction

est Lothian Community Planning Partnership (CPP) welcomes the opportunity to further embed prevention and early intervention into its new Single Outcome Agreement. The benefits to be gained from a preventative approach have been recognised for some time by the West Lothian CPP. In 2008 it pioneered the development of a preventative; outcomes based approach to service delivery through the Life Stages model. The Life Stages outcomes planning programme is now being implemented across West Lothian and is enabling use of a logic modelling and evidenced based approach to ensure that our CPP plans and delivers more effective interventions to tackle social inequalities and build successful communities. West Lothian Council has made a significant £11.16 million investment in additional resources for early intervention and prevention measures to promote transformational change across the partnership. This Prevention Plan includes examples of positive steps West Lothian CPP has already taken with regard to early intervention and highlights our commitment to further embedding the agenda within our Community Planning structures, processes and arrangements.

Evidence from our Strategic Assessment, completed in 2012, strongly indicated that "Tackling Inequalities" would be the overarching theme to be taken forward and West Lothian CPP recognises that we must reshape services to achieve the greatest targeted impact on those most in need within our local community. The need for extensive evaluation of how we support vulnerable people and help them achieve positive outcomes through multi-agency working goes beyond funding constraints. This Prevention Plan brings together a number of strategies and projects, outlining the collective approach across the CPP to early intervention and prevention. It outlines how progress will be monitored, outcomes measured, and how the evidence generated will be used to inform future funding decisions and prioritisation of resources. It is recognised that resources will require to be moved upstream and that interventions must be early enough to optimise the opportunity for success. The systems and processes set up for measurement will enable the West Lothian CPP to make informed decisions about costs and benefits, enabling a greater number of individuals to experience more positive and fulfilling lives and thus reduce future pressure on reactive, high-tariff services.

## Governance arrangements

### 2.1

With the public sector working in conditions of increasingly difficult financial constraint, there is a clear need to move resources upstream and to reduce demand on more expensive reactive care in all public services across the Life Stage spectrum. However, in order to effect this change it is recognised that there must be appropriate governance arrangements. Although the prevention agenda cuts across the six national priorities, there will be a clear focus on early years and breaking the cycle of multiple deprivations to achieve the greatest longer term impact. Given the ageing demographic profile, the need to reduce future demand on acute and residential services is also especially important. West Lothian CPP welcomed the additional resource made available to progress the prevention agenda and transformational change through the Early Years Early Intervention Change Fund and the Health and Social Care Change Fund.

### 2.2

This Prevention Plan will be supported by strong governance arrangements within the CPP. Two prevention boards sit under the Community Planning Partnership Board. The focus of the Preventative Interventions Board, established in 2012, is on early interventions within life stage groups ranging from early years to adults of working age and is tasked with taking forward the Partnership Prevention Plan. The Reshaping Care for Older People's Board emphasis is on shifting resource from acute, residential services to managed care pathways for older people. Cross cutting prevention themes are picked up through the three committees that report directly to the Community Planning Partnership Board. The reporting arrangements are detailed in Figure 1 below.

Figure 1



# The current position

### 3.1

Evidence strongly indicates that early intervention measures are critical to preventing negative social outcomes in later life. The report from the Commission on the Future Delivery of Public Services, chaired by Dr Campbell Christie, estimated that 40% of public expenditure is directed towards dealing with negative outcomes and highlighted the absolute necessity to transform the way public services are planned and delivered. Key to this transformation is prevention, early intervention and providing better outcomes for people and communities. The commission's report recognises that this is not just about structural reorganisation or efficiency measures but requires fundamental cultural and attitudinal shifts within the public sector to make it happen.

### 3.2

West Lothian CPP has recognised the benefits of early intervention and prevention for some time. The Civic Centre was specifically designed to co-locate services including West Lothian Council administrative headquarters, Scottish Court Services, Lothian and Borders Police and Fire services, Scottish Children's Reporter, as well as Health officials. Partnership centres have also been built, or are scheduled, for all the main communities within West Lothian to provide multi-agency facilities and to promote a holistic approach to service delivery. Close partnership working and co-location of services, has brought particular benefit to service delivery for some of our most vulnerable individuals and families.

### 3.3

This integrated approach to service delivery is particularly exemplified within our Domestic and Sexual Abuse Support Team, which works closely with police and court services to provide support and advocacy. It also provides specialist advice to women and children on issues such as housing, employment and training, as mental health and substance misuse. The recently launched LISA (Living in Safe Accommodation service) aims to further support adult and children in West Lothian who are experiencing domestic abuse - physical, sexual or psychological – moving from crises management to earlier intervention to reduce trauma and enable economic independence.

### 3.4

Co-location of services is only one approach to integrated working. The Life Stages outcome planning programme brings together representatives from across the CPP to plan service delivery across Life Stage groups: Early Years, School Age, Adults of Working Age and Older People. These groups were established in 2011 and are integral to outcomes focused service delivery, ensuring shared strategy and vision, integrated service planning and delivery with the ability to identify potential gaps in provision across multi-agency teams.

With a sound asset base and infrastructure, strong governance and integrated planning arrangements, West Lothian CPP starts from a strong position from which to develop the preventative agenda, further integrate resources and embed processes. Towards this shared preventative agenda, West Lothian Council has invested significant additional resources totalling £11.16 million in time limited preventative projects. Working with Community Planning partners, these monies will support both national and local priorities and promote transformational change. The sums invested are summarised in Figure 2 below, with further detail in Appendix 1.

Figure 2

Time Limited Investment	Total £'000	2012/13 £'000	2013/14 £'000	2014/15 £'000
Employability Projects	5,438	2,303	2,294	841
Preventative/ Anti- Poverty Projects	5,726	1,111	2,490	2,125
Total	11,164	3,414	4,784	2,966

### 3.6

Preventative measures are also supported through "Better Off", the Community Planning Partnership's anti-poverty strategy (2012-2017). The overall purpose of the strategy is to help minimise the impact of poverty on the people of West Lothian and aims to ensure that people are equipped to cope with the challenges posed by the current, deep, economic recession and welfare reform. It takes a preventative, early intervention approach through the six cross-cutting themes of poverty; Income, Employability, Education, Housing, Health and Community and develops an action plan to address them. Better Off is driven by the multi agency, anti poverty strategy group, which meets regularly to review, agree and monitor actions and outcomes.

### 3.7

West Lothian's voluntary sector has a key role in delivering the Partnership Prevention Plan. Voluntary sector organisations often have a direct link into communities and have an established relationship with those who find it harder to engage with mainstream services. They often pick up early signs of looming crisis and deliver services that have immediate impact in communities of interest. West Lothian's voluntary sector organisations currently lead and deliver in partnership a range of early intervention and prevention projects. These include: reshaping care for older people and partnership working to develop more efficient and effective services for clients; Armadale Community Families Project, which is creatively addressing the needs of families with young children in the heart of their community; initiatives to reduce offending and reoffending; Armadale Community Garden, which is bringing local volunteers and families together to learn and grow together; and a number of initiatives utilising the Early Years and Early Intervention Change Fund over the next 3 years. Voluntary sector organisations involved in all of the above range from national organisations like Barnardo's and Homestart, to West Lothian-wide organisations like Family and Community Development West Lothian, West Lothian Drug and Alcohol Service and West Lothian Youth Action Project, right through to smaller, more local groups like the Daisy Drop in and Braid House.

Figure 3 highlights existing projects across the West Lothian CPP relating to prevention linked to the six national priorities. It is not an exhaustive list of projects, but highlights the breadth of measures and projects currently in place. While projects are listed under the predominant national priority, it is noted that within a preventative context there is a strong correlation and interdependency between the priorities. For example, health inequalities refers to the difference in life expectancy and morbidity rates between the most and the least affluent in society but is strongly influenced by lifestyle issues and determinants which include community, economic, cultural and environmental factors. It is strongly recognised that projects are inter-related and co-dependent, influencing long term outcomes for individuals, families and communities.

Figure 3

National Priority	Preventative Projects	Partner Organisations
Early Years	<ul> <li>Wean the Weans</li> <li>Play at home</li> <li>Daisy Drop In Centre</li> <li>Young Mothers Project</li> <li>Families Included</li> <li>Roots of Empathy</li> <li>Breakfast Club provision</li> <li>Mental Health Link Workers</li> <li>Child Smile</li> <li>Family Nurse Partnership</li> <li>Breast feeding buddies</li> <li>Armadale Community Families Project</li> </ul>	West Lothian Council West Lothian CHCP NHS Lothian Police Scotland a range of Voluntary Sector, organisations, including Family and Community Development West Lothian + Barnardos
Employment	<ul> <li>Opportunities for All (young people at risk from not in education, employment and training)</li> <li>Delivery of Higher National Units</li> <li>Employability (Secondary schools)</li> <li>Enhancing Vocational Experiences</li> <li>Development: Business Links</li> <li>Extension of LEAPS support</li> <li>Employability (Secondary schools)</li> <li>Study support</li> <li>Steps n2 Employment</li> <li>NHS job placement scheme</li> </ul>	West Lothian Council West Lothian College Skills Development Scotland Universities in Lothian Equal Access Programme for Schools (LEAPS) Voluntary Sector Business Sector
Economic Growth & Recovery	<ul> <li>Small/ medium sized enterprises wage subsidy</li> <li>Voluntary Sector wage subsidy</li> <li>Young People's Business Start up</li> </ul>	Business Sector Gateway Voluntary Sector Gateway West Lothian Council
Safer Communities	<ul> <li>Almond project – women offenders</li> <li>Persistent Offenders Partnership</li> <li>Whole Systems Approach</li> <li>Midnight football</li> <li>Straight to The Point</li> <li>Bin Fire Project</li> <li>Strategy to Tackle Underage Drinking</li> <li>Best Bar None</li> <li>Floorwalk</li> <li>Westdrive</li> <li>Focus on Doorstep Crime</li> <li>West Lothian Dog Fouling Initiative</li> <li>Alcohol Diversionary Activities</li> <li>Community Safety weeks</li> </ul>	HMP Addiewell Police Scotland West Lothian Council WL Drug and Alcohol Service WL Youth Action Project Violence Reduction Unit, Medics Against Violence, Linlithgow Young Peoples Project, Scottish Business Crime Centre Licensees, Scottish Fire & Rescue Service Whitburn Community Development Trust

Figure 3

National Priority	Preventative Projects	Partner Organisations
Older People	<ul> <li>Care at home re-ablement service</li> <li>Crisis care service</li> <li>Daycare redesign</li> <li>Supporting Older People into Caring</li> <li>WL Carers - Dementia project</li> <li>Extension of respite</li> <li>Befriending service</li> <li>Development of tele-healthcare</li> <li>Home Support Dementia</li> <li>Home from Hospital Support</li> <li>Mental Health service redesign</li> <li>Alzheimer's Scotland project</li> <li>Intensive Case Management for Patients with Long Term Conditions</li> <li>Mental health service redesign</li> <li>Redesign of Day Hospital &amp; rehabilitation Services</li> <li>Whitburn dementia café</li> </ul>	Reshaping Care for Older People Partnership  - West Lothian Council  - NHS Lothian  - Third Sector  - Independent Sector
Health Inequalities	<ul> <li>Anti Poverty Strategy</li> <li>CAB provision in GP practices</li> <li>Eat right West Lothian</li> <li>West Lothian on the Move</li> <li>Armadale Community Garden</li> <li>Together for Health</li> <li>Broxburn United Health programme</li> <li>Boghall Fitness Group</li> <li>Paths to health</li> <li>Keep well</li> <li>Smoking cessation service</li> <li>Stress reduction in community classes</li> <li>Armadale Community Garden</li> </ul>	Voluntary Sector West Lothian CHCP West Lothian Leisure NHS Lothian West Lothian Council Business & Voluntary Sector WL Town Traders Group Broxburn United Sports Club Family and Community Development West Lothian

The recent strategic assessment will further strengthen the platform from which to take forward the prevention agenda. The strategic assessment provided a strong evidence base from which to determine forward planning priorities. Based on the six national priorities to make Scotland a better and fairer place, West Lothian CPP identified a set of local priorities to deliver better outcomes for our community. An extensive public consultation exercise undertaken by West Lothian Council, receiving over 17,000 comments, clearly demonstrated that delivering positive outcomes and early interventions for early years must be the over-riding objective. "Tackling Inequality" will be embedded within our Community Planning Partnership's new Single Outcome Agreement (SOA), and prevention will be taken forward on a shared agenda.

# **Embedding Prevention**

### 4.1

The work to be taken forward by the West Lothian CPP will be co-ordinated through the Preventative Interventions Board and Reshaping Care for Older People Board. The overarching objective is to seek areas and opportunities across services to move resources upstream or to identify existing service gaps that if measures were put in place would lead to improved outcomes and reduce social inequalities across all Life Stage groups. West Lothian CPP strongly welcomed the additional resource provided through the Early Years Early Intervention Change Fund and Health & Social Care Change Fund to further embed prevention and to generate longer term transformational change. The total resources available to the partnership are outlined in Figure 4 below and individual projects detailed in Appendix 2.

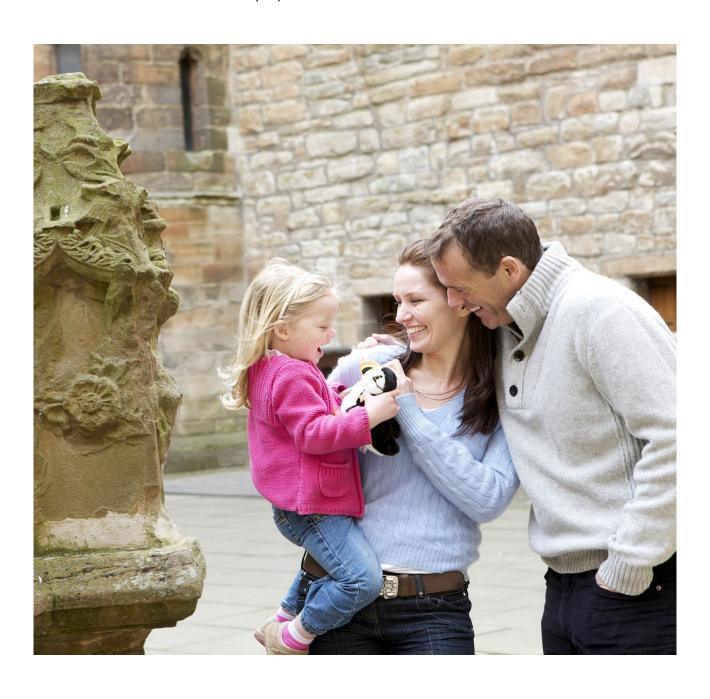
Figure 4

Change Fund	Total £'000	2011/12	2012/13 £'000	2013/14 £'000	2014/15 £'000
WLC EYEI Change Fund	2331		407	1005	919
NHS Lothian Contribution	738		738	TBC	TBC
Scottish Government Contribution	480		160	160	160
Total Early Years	3,549		1,305	1,165	1,079
HEALTH & SOCIAL CARE FUND					
SG funds	6,424	1500	1,712	1,712	1,500
WLC contribution	1,694	-	720	480	494
Total WL Health & Social Care Fund	8,118	1500	2432	2192	1994

### 4.2

Building on the existing framework and philosophy outlined in section 3, the approach to furthering the prevention agenda, and utilising Change Funds to deliver improved social outcomes, took into account a number of considerations. The overarching priority was to identify possible gaps in existing service provision, or opportunities for earlier intervention that would reduce demand, or avoid or delay more expensive reactive care. This initial work was undertaken, and will be taken forward, through Life Stage groups to identify longer term action plans. Subject to future year budget decisions and results from current time limited projects, it is anticipated that future contributions to the Early Years Early Intervention Change fund will increase by £390,000 per annum for three years commencing 2015/16, indicating a decisive shift towards prevention.

As we move forward and build our evidence base throughout the lifetime of this Partnership Prevention Plan, the current approach will be further supported through information and evidence gained from existing projects. Embedding of new working practices, co-location of multi-agency teams - based on the Domestic and Sexual Abuse Team (DASAT) model - will be further explored and extrapolated across other service areas. Introduction of new IT solutions, such as GIS mapping and early screening models will provide potential for earlier detection of problems and trends, and better targeting of resources to hotspots. As services are redesigned and prevention embedded across the partnership, opportunities for co-production or community capacity building will be explored. Projects to be taken forward will relate to operational service redesign as well as strategic streamlining of systems and processes. All will be concerned with improving social outcomes and progressing prevention, to ensure improved outcomes and reduce future demand for services within our communities. The main project areas are detailed below:



Gap Analysis across Life Stages - the Early Years Early Intervention Change Fund resources have been used to identify a range of early intervention projects, across life stage groups which it is intended will improve life chances and attainment for some of our most vulnerable children and include the following themes:

- Early Years: Parenting and family life including Surestart support to the most vulnerable families; Play, early learning and childcare; Maternal and infant nutrition.
- School Age: Health and wellbeing; Parenting and family life; Social, emotional and behavioural needs; Promoting inclusion for children and young people with disabilities.
- Young People in Transition: Sustaining positive destinations accommodation and supporting the most vulnerable young people into employment; Reducing reoffending
- Looked After Children: Corporate parenting, Attainment and achievement; Health and wellbeing; Stability and continuity of care; Children's advocacy.
- Cross cutting issues: Problematic substance misuse; Domestic and sexual assault; Mental illness.

### 4.5

Families Included - is an innovative approach changing service delivery to ensure families receive joined up and appropriate services - working with the whole family to build on strengths and reduce negative behaviours, to result in fewer incidences of crises. A multi-agency team, co-located, will provide key worker support to families and link to housing, education, child protection and criminal and youth justice services, in addition to providing support and advice on employment and training, mental health and substance misuse issues.



Reducing Reoffending Projects - aims, through a range of preventative projects between police services and other partner agencies, to work with persistent offenders or women within the criminal justice system to reduce the number of incidences of people re-offending.

### 4.7

Getting It Right For Every Child (GIRFEC) – is a model for transformational change, promoting earlier intervention, shared understanding within and across agencies to provide the right care, at the right time, by the right professional. Embedding of GIRFEC, consistency of information sharing, seamless engagement with families and children, combined with earlier screening will lead to streamlined processes and less duplication of multi-agency work with consequent savings.

### 4.8

Homelessness Prevention – reshaping homelessness services to ensure an increased focus on prevention to avoid substantial cost to the public services for every homeless application. This will involve a new homelessness prevention team to work with customers to enable them to remain in their current homes, or to identify alternative options, with a consequent reduction in the number of homelessness presentations.

### 4.9

Alcohol Diversionary Activities – preventing harmful alcohol use is a key focus for the Prevention Plan. Currently there are three strands in reducing alcohol misuse;

- 1) generic youth work through identifying and signposting people
- 2) targeted youth work where there is a focus on alcohol and related harmful behaviour
- 3) alcohol counselling.

The current alcohol diversionary activities are largely in the first category with some in the second. With reduced funding and through the work of the Prevention Board there will be a greater focus on the second category ie, targeted youth work where there is a focus on alcohol and related harmful behaviour.

### 4.10

Reshaping Care for Older People – the Health and Social Care Fund will be utilised to support projects and opportunities to move resources upstream to prevent more expensive forms of reactive care and reduce client care costs. It will also be used to embed new ways of working across services and partner agencies to focus on improved outcomes for older people to enable them to live independently in their own homes for longer and to consider opportunities for managed care pathways and improved community capacity building. In line with the Scottish Government and COSLA agreement, West Lothian CPP will develop longer term joint strategic commissioning plans for older people. A minimum three year joint strategic commissioning plan for older people will be developed, with longer term plans being developed in future years. The plans will adopt an outcomes approach, be based on a Joint Strategic Needs Assessment and include a Housing Contribution Statement (previously a Housing Impact Assessment). West Lothian CPP has submitted its Joint Commissioning Plan to the Scottish Government for approval. This plan had been subject to extensive consultation with a wide range of stakeholders.

GIS Mapping – this will involve the use of layered information to detect early changes in trends and to reshape services to reduce inequalities by assessing what delivers the greatest targeted impact to those most in need. GIS mapping could provide opportunity to take information from a variety of service areas (school exclusion, incidences of domestic abuse, children leaving school without positive destinations, child protection issues) and determine hot spots where there could be greater integration across services to tackle issues earlier.

### 4.12

Early Screening Systems - a separate IT solution that could allow data to be brought together from Social Work, Education, the Third Sector, Housing, Police and NHS records (following data sharing protocols) to provide unprecedented access to information about the child and families on a single screen, which enables qualified professionals to predict which children are likely to become vulnerable in the future, and give an insight into what previous interventions have been successful and which have not. Development of an early screening model, through an IT solution in conjunction with service redesign, would simplify and reduce duplication in complex referral processes and allow earlier and effective access to relevant services.

### 4.13

Partnership Buildings and Co-Location of Services – West Lothian has a strong foundation of partnership working and co-location of services, as evidenced within the Civic Centre and other partnership buildings in many of our existing communities. At a meeting of West Lothian Council, on 29 January 2013, approval was given to further investment in excess of £14 million over the next five years for similar partnership buildings in Armadale, Blackburn, Boghall, East Calder, Linlithgow, Whitburn and Winchburgh. This investment will be further supplemented by NHS Lothian monies for the scheduled Blackburn Partnership Centre.



NHS Led Initiatives – NHS Lothian is leading on a number of health related early intervention projects. Childsmile involves circulation of dental packs to children aged under 5, as well as supervised teeth-brushing sessions at pre-school establishments and fluoride varnishing for identified children living within the most deprived areas (as measured by SIMD indices). Child Healthy Weight initiatives include BMI measurements for Primary 1 children, supported by a range of child healthy weight interventions co-ordinated through the Health Improvement Team including breakfast clubs and healthy eating tuck shops. Infant and Maternal Nutrition is supported through the Healthy Start Vitamins pilot project and breast feeding promotion. A peer supporter network (23 active supporters) continues to support women breast feeding throughout West Lothian, and NHS Lothian is also working towards the UNCEF Baby Friendly award. Results from the Family Nurse Partnership in Edinburgh will be available in late 2013. Guidance is awaited from the Scottish Government with regard to the wider roll out of the programme, but it is expected that there will be a pilot project established in West Lothian. Meanwhile, local Surestart projects have also been established in West Lothian to work with identified vulnerable young mothers and families following referral from midwifery services.

### 4.15

The indicative timescale for taking forward the Partnership Prevention Plan is indicated in the table below.

Figure 5

Timescale	Workstream	Action
April 2013	<ul><li>Prevention Plan</li><li>Existing time limited projects</li><li>GIS Mapping</li></ul>	<ul><li>Submission of draft SOA</li><li>Baseline data collection</li><li>Award of GIS contract</li></ul>
October 2013	<ul> <li>Lifestage Gap Analysis</li> <li>Existing time limited projects</li> <li>GIRFEC</li> <li>GIS Mapping</li> <li>Early screening model</li> <li>Homelessness</li> </ul>	<ul> <li>Baseline data to evidence outcomes</li> <li>6 month update service interventions</li> <li>Phase I &amp; II training</li> <li>Corporate GIS capability</li> <li>Options for consideration</li> <li>Review of 2012/13 complete</li> </ul>
April 2014	<ul> <li>Existing time limited projects</li> <li>GIRFEC</li> <li>Early screening model</li> <li>Homelessness</li> <li>Alcohol Diversionary Activities</li> </ul>	<ul> <li>Year 1 Impact assessment</li> <li>Assessment of Readiness</li> <li>Implementation commences</li> <li>Revised allocations policy</li> <li>Implementation of new model</li> </ul>
October 2014	<ul><li>Lifestage Gap Analysis</li><li>GIRFEC</li></ul>	<ul><li>Interim review of progress</li><li>Academic year implementation (tbc)</li></ul>
April 2015	Existing time limited projects	Analysis & recommendations
2015/16-2017/18	Decisions on future resource investments	

# **Measuring Prevention**

#### 5.1

West Lothian CPP is developing a range of methods by which the success of interventions will be measured. This suite of information, including performance measures and outcome indicators will be used to determine future resource decisions and provide an evidence base from which to move forward. It is intended that taken together that this will lead to improved outcomes for some of our vulnerable children and families within in our communities and reduce future demand for services

### 5.2

There are a range of indicators and targets below each outcome within the Single Outcome Agreement, demonstrating how the West Lothian CPP will progress towards achieving our outcomes over the short (one year), medium (three years) and long (ten years) term. Performance against the Single Outcome Agreement is measured through the partnership's performance management system.

### 5.3

Within an early years' context, work being taken forward under the Early Years Collaborative will provide evidence through Improvement Science techniques which combines testing through Plan, Do, Study, Act initiatives with run charts to provide detail on the success or otherwise of early years' initiatives that will influence decisions on existing activities and determine whether they should be continued, expanded or curtailed.

### 5.4

A range of short and medium term performance indicators are being developed for each time limited activity which will be recorded through the CHCP Covalent performance management system and reported to the relevant preventative board. This will apply to each time limited project to determine the effectiveness of early intervention measures and determine if there is a shift in demand, increased engagement with service and avoidance of later more costly reactive services.

### 5.5

Extensive research work on logic modelling and contribution analysis is being undertaken to determine the impact of early intervention measures. A number of factors can influence outcomes, both positively and negatively, Contribution Analysis helps evaluate the impact of each of these factors. The first stage is creating a results chain, which is then used to assess the relative contribution for each project, in a similar manner to a logic model. Mapping processes that the project goes through, from initial inputs to end results, looking at risks and assumptions will help evaluate how successfully a project is being implemented within the context of external influences. The iterative process will also allow the West Lothian CPP to respond appropriately to the needs and demands of the service rather than pushing forward with change where it may not be working and to take evidence based, responsive approach to preventative intervention work.

A cost matrix has been developed for the Families Included project which will enable detailed information to be recorded in relation to the current level of service intervention. It will detail the actual profile of interventions across a spectrum of services, including: child protection, education support, housing, homelessness, youth and criminal justice, mental health and substance misuse issues, also referrals to police and health services for each individual family. The cost associated with each service intervention has been established. Through populating the matrix and updating at six monthly intervals, it will be possible to note the detailed pattern of activity around a family and how service interventions change over time from crises management to earlier intervention and support. The cost associated with each individual service intervention has been calculated which will enable resource shift over time to be monitored and will also highlight the more cost effective interventions. This cost matrix can also be extended to monitor the impact of reducing reoffending and homelessness projects.

### 5.7

Detailed financial monitoring of each of the projects will be undertaken to determine the cost / benefit analysis of activities. Financial modelling will also be undertaken to extrapolate short term results over a longer term frame to determine the financial effects of intervention and to determine if there is appropriate financial returns from investment decisions for longer term social outcomes and benefits.



West Lothian CPP recognises that using data and information more intelligently to achieve a better understanding of place is key to improving outcomes and embedding prevention. The CPP Board have agreed to further develop new processes and systems to increase the partnership's capacity to use and analyse data and information better. This will include investment in a GIS mapping system which will allow earlier detection of trends and identification of hot spots which will inform future investment decisions. This information will aid current planning processes and service delivery. Combining GIS mapping with an early screening system, will allow the West Lothian CPP to analyse information from various services and predict where interventions will be necessary. This will provide an increased capacity to identify, target and reshape resources and also to evidence the impact on individuals, families and communities living within West Lothian.

### 5.9

Joint strategic commissioning has been under development in West Lothian for the past eighteen months. In August 2011 the CHCP Board was advised of the development of an overarching strategy for the joint commissioning of health and care services within West Lothian. The strategy provided an outline of the approach to be taken in the subsequent development of a series of care group commissioning plans. The first draft of the Joint Commissioning Plan for Older People was prepared in May 2012 and reported to the CHCP Board on 29 May 2012. This plan was subject to wide consultation with service users, providers, carers, professionals and clinicians, and also a range of consultative forums including the Seniors Forum. During this process the Scottish Government refined its guidance on the form and content of joint commissioning plans. Both of these factors have been taken account of in the subsequent major revision of the plan which has now been submitted to the Scottish Government for approval. Outcomes from the joint commissioning strategy will be considered in furthering prevention plans for reshaping care for older people.

### 5.10

The combination of continuing service redesign and co-location of services, embedding of new ways of working based on the Families Included project and implementation of GIRFEC and the analytical results and evidence described in the sections above, will enable and determine future resource decisions to influence the future preventative agenda. Taken together, the Partnership Prevention Plan provides a clear opportunity and framework for reshaping services. Clear priorities for West Lothian include early years and older people, as strongly evidenced within the recent public consultation which will allow us to move forward with an outcomes based budgeting strategy.

### Conclusion

### 6.1

West Lothian CPP fully recognises the benefits to be gained from early intervention and prevention measures across the Life Stage spectrum. In recent years, it has actively promoted a collaborative approach to intervention measures as demonstrated within our core infrastructure with shared partnership buildings, co-location of services, appropriate governance and Life Stage planning structures. This will be further enhanced as scheduled partnership centres are extended into more communities within West Lothian.

#### 6.2

Under the relevant Preventative Interventions Board, the preventative agenda will be taken forward across the partnership, with full implementation of this Prevention Plan. There is clear framework of projects to be taken forward, working with Community Planning and other partners, to embed processes which will lead to earlier intervention and support for some of our most vulnerable children and families or reduced demand for more expensive reactive care.

### 6.3

There are defined mechanisms for measuring progress, which will in turn lead to better control of costs dealing with negative behaviours or social outcomes. This collective approach will release savings and influence future investment decisions. Future resource decisions will be enhanced through the increased use of IT solutions and analytical data capacity to target resources effectively and services for those individuals, families and communities most in need living within West Lothian.

### 6.4

Investment in partnership facilities, and continued co-location of services which build on integrated models of service provision such as DASAT, Families Included and the GIRFEC single planning process will streamline existing processes and provide a more holistic approach to service delivery, based around customer needs. Further development of early screening models will help us reshape services moving from models of crises management to services for supporting and enabling individuals and families to live independently within West Lothian.

### 6.5

The Single Outcome Agreement has Tackling Inequalities, as the core theme for taking forward the preventative agenda. The results from the strategic assessment as well as the recent public consultation undertaken by West Lothian Council clearly supported this agenda. With clear priorities in delivering positive outcomes and early interventions for early years for West Lothian and an ageing population, it is evident that resources must be moved upstream and services reshaped to avoid more expensive reactive care. This will be done through the measures outlined in the Partnership Prevention Plan.

Appendix 1a
Time Limited Projects – Employability Projects

Project Theme	Total £'000	2012/13 £'000	2013/14 £'000	2014/15 £'000
Additional Training & Employment	1,985	1,183	802	0
Future Jobs / Modern Apprenticeships	372	85	143	144
West Lothian Job Brokerage Initiative and Skills Pipeline	432	0	432	0
Dedridge Environment Ecology Project	60	60	0	0
Addiewell Pitstop - Employability/ Regeneration	20	0	20	0
Veterans Employment Programme - ex-forces wage subsidy	75	75	0	0
16+ Learning Choices - Vocational Provision	150	100	50	0
Schools Attainment	1,501	433	534	534
S1 Curriculum Support	70	40	30	0
New National Qualification Support	70	40	30	0
Study Support	97	57	40	0
Employability Secondary Schools	226	60	83	83
Reading Literacy and English as additional language	220	60	80	80
Young People's Business Start Up	100	50	50	0
Mental Wellbeing Social Enterprise	60	60	0	0
Total	5,438	2,303	2,294	841

Appendix 1b
Time Limited Projects – Preventative / Anti Poverty Projects

Project Theme	Total £'000	2012/13 £'000	2013/14 £'000	2014/15 £'000
Enhanced Early Intervention - Primary	290	141	149	0
Enhanced Early Intervention - Secondary	294	141	153	0
Families Included	947	142	402	403
Netopian / Advocacy Project	44	22	22	0
Befriending Service for Older People	297	0	147	150
Enhanced Early Intervention	900	213	343	344
Home Support -Dementia	360	40	160	160
Home from Hospital Support	360	50	155	155
Targeted Intervention First Steps /Breich Valley	162	54	54	54
Targeted Intervention - Early Years Swimming	75	25	25	25
Anti Poverty Strategy	300	98	101	101
Provision of Advice to People Affected by Welfare Reform	26	0	26	0
Provision of Representation at Social Security Tribunals	80	0	50	30
Housing Need Officer Seconded to Welfare Reform work	64	0	32	32
Revenues and Benefits Staff for Welfare Reform work	314	0	157	157
Council Contribution to Discretionary Housing Benefit	360	0	180	180
Families Included expansion - Women offenders Initiative	152	36	58	58
Families Included expansion - Domestic Abuse Perpetrators Project	131	29	51	51
Supporting Mental Wellbeing - Positive Parenting	420	60	180	180
Supporting Mental Wellbeing - Young People's Mental Wellbeing	150	60	45	45
Total	5,726	1,111	2,490	2,125

Appendix 2a
West Lothian Early Years / Early Intervention Change Fund

Project Theme	Total £'000	2012/13 £'000	2013/14 £'000	2014/15 £'000
Corporate Parenting				
Having your Say	15	7	5	3
Dynamic Youth and Youth Achievement Awards	6	1	2	3
Looked After Children Attainment Fund	45	7	18	20
Flexible Residential Accommodation	11	1	5	5
Early Learning and Child Care				
Playgroup Development	100	0	50	50
Health and Wellbeing				
Resilient Schools	73	8	32	33
Young Person's Counsellor	90	10	40	40
CAMHS Mental Health Link Worker	278	28	125	125
Parenting and Family Life				
Vulnerable Young Mothers	338	13	162	163
Promoting Inclusion for Disabled Children and Young People				
Disability Link Worker	73	8	32	33
Community Activity Access	123	13	55	55
Group Based Respite	45	15	15	15
Reducing Reoffending				
Prolific Offenders (including extension)	167	41	63	63
Early and Effective Intervention Coordinator	124	14	55	55
Sustaining Positive Destinations				
Flexible Accommodation for Vulnerable Young People	128	14	57	57
YIP Positive Destinations	101	11	45	45
Budget carried forward to Future Years	94	94		
Development and Support				
Appendix 2a Early Intervention Integrated Support	35	5	15	15
Researcher Support	127	27	50	50
Development Support	88	0	88	0
Third Sector				
Third Sector Grant Fund for delivering defined outcomes	270	90	90	90
West Lothian Council Total	2331	407	1005	919

# Early Years / Early Intervention Change Fund NHS Lothian Contribution

Project Theme	Total £'000	2012/13 £'000	2013/14 £'000	2014/15 £'000
Child Healthy Weight Interventions	67	67	t.b.c.	t.b.c.
Childsmile	411	411	t.b.c.	t.b.c.
Infant Nutrition and Maternity Services	147	147	t.b.c.	t.b.c.
Family Nurse Partnerships	113	113	t.b.c.	t.b.c.
NHS Lothian Total	738	738	t.b.c.	t.b.c.

# Early Years / Early Intervention Change Fund Scottish Government Contribution

Project Theme	Total £'000	2012/13 £'000	2013/14 £'000	2014/15 £'000
Family Centres and Family Support	303	101	101	101
Looked After 2 Year Olds	177	59	59	59
Scottish Government Total	480	160	160	160



# West Lothian Partnership Health & Social Care Change Fund

Project Theme	Total £'000	2012/13 £'000	2013/14 £'000	2014/15 £'000
West Lothian Council				
Develop integrated universal care at home re-ablement service	2,430	600	630	600
Develop out of hours crisis response & care management service	418	100	118	100
Daycare redesign	550	100	150	150
Small grants	130	30	40	30
Independent Sector Development Officer	95		25	35
<u>Direct support to Carers</u>				
Supporting Older People into Caring	280	70	70	70
Carers of West Lothian - Dementia project	90		30	30
Respite provision	700	100	200	200
Befriending service	80		80	0
Alzheimer's project	127		0	60
Support investment for growth of safe at home technology	460	200	100	80
Mental Health Service Redesign	120		40	40
West Lothian Council Total	5,480	1200	1483	1395
NHS Lothian				
Intensive Case Management for Patients with Long Term Conditions	1062	300	162	300
Mental health service redesign	505	500	105	200
Redesign of Day Hospital & rehabilitation Services	1071		271	400
NHS Lothian Total	2,638	300	538	900
This Edition 10th	2,050	300	220	900
West Lothian Partnership Total	8,118	1500	2,125	2,546



### **Preventing Negative Outcomes**

# Early Years & Early Intervention

**Corporate Parenting** 

Early Learning & Childcare

Health & Well-being

**Promoting Inclusion** 

**Additional needs** 

Breaking the Cycle of Multiple Deprivation

Sustaining Positive Destinations

**Alcohol Diversion** 

**Families Included** 

Homelessness

Reducing Reoffending

**Almond Project** 

Persistent Offender Project Reshaping Care for Older People

Reablement & Crisis Care

Rapid Elderly Assessment Care & Treatment

Older People Mental Health Redesign

Day Care Redesign

**Befriending** 

Independent Sector Development

Home Support for Dementia

Home from Hospital Support

### WHOLE SYSTEMS APPROACH

### **EARLY & EFFECTIVE INTERVENTION**

### **GIRFEC**

### SUPPORTING MENTAL WELL-BEING

Change Fund Early Years & Early Intervention

Time Limited Spend

Change Fund Health & Social Care

Better Use of Data and Information

Increasing Community Capacity

Community Engagement

Social policy

Health

Education

Housing

**Voluntary** sector

Scottish Prison Service

Area services

Police

**Private sector** 





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