

# March 2010

The library and community events listed below are only a selection of the events available in West Lothian.

For further information, or to find out details of other events, please visit [www.westlothian.gov.uk/events-list](http://www.westlothian.gov.uk/events-list)

## 01 Mar (until 29 Mar)

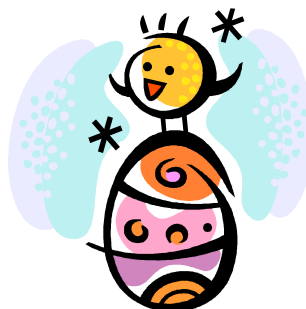
### Easter Egg Colouring Competition at Armadale Library

Easter egg colouring in competition for primary school aged children. Pick up a colouring in sheet from the library from 1st March. Closing date 29th March.

**Time:** During library opening hours

**Venue:** Armadale Library, West Main Street, Armadale

**Contact:** 01501 678400 **Email:** [armadale.lib@westlothian.gov.uk](mailto:armadale.lib@westlothian.gov.uk)



## 02 Mar

### East Calder Library Tuesday Book Group

Monthly book group meeting on the first Tuesday of every month. Refreshments are provided.

**Time:** 6.45 pm - 7.45 pm

**Venue:** East Calder Library, Main Street, East Calder

**Contact:** 01506 883633 **Email:** [eastcalder.lib@westlothian.gov.uk](mailto:eastcalder.lib@westlothian.gov.uk)

### Linlithgow Readers

Linlithgow Readers meets at Linlithgow Library on the first Tuesday of every month at 7 pm. Anyone interested in joining should come along.

**Time:** 7 pm - 8 pm

**Venue:** Linlithgow Library, The Vennel, Linlithgow

## 02 Mar (also 09, 16, 23 & 30 Mar 10)

### Food co-op at Whitburn

This food co-op at the Answer Project in Whitburn is held on Tuesdays between 11 am and 1 pm.

**Time:** 11 am - 1 pm

**Venue:** Answer Project, Reveston Lane, Whitburn

**Contact:** Jean 01501 745064 **Website:** [www.welfehd.co.uk](http://www.welfehd.co.uk)



## 04 Mar

### Story-telling Session at Carmondean Connected

Carmondean Connected are holding a story-telling session to celebrate World Book Day 2010.

**Time:** 2.30 pm - 3.00 pm

**Venue:** Carmondean Connected, Carmodean Centre, Deans, Livingston

**Contact:** 01506 777602

**Email:** [carmondean.lib@westlothian.gov.uk](mailto:carmondean.lib@westlothian.gov.uk)



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### 04 Mar (cont.)

#### Storytimes at Almondbank Library

Celebrate World Book Day with a wide range of books for all ages from around the world and our children's storytimes. Children can also vote for their favourite story in our poll across the whole of West Lothian.

**Time:** Storytimes at 10.00 am and 2.30 pm

**Venue:** Almondbank Library, Craigshill Shopping Mall, Craigshill, Livingston

**Contact:** 01506 777500 **Email:** [almondbank.lib@westlothian.gov.uk](mailto:almondbank.lib@westlothian.gov.uk)



### 05 Mar

#### Friday Club at Blackburn Connected - World Book Day Event

Celebrate World Book Day at Blackburn Connected's Friday Club. After a reading of Michael Rosen's poem "My Friend Elsie", help to illustrate sections of the poem. The illustrations will be used to make a display for the children's area of the library!

**Time:** 1.30 pm - 2.30 pm

**Venue:** Blackburn Connected, Mill Centre, Blackburn

**Contact:** 01506 776500

**Email:** [blackburn.lib@westlothian.gov.uk](mailto:blackburn.lib@westlothian.gov.uk)



### 05 Mar (until 09 Apr)

#### Local History Exhibition - Almondbank Library

"Going the Messages: Shops and Shopping in West Lothian" is a free local history exhibition about shopping.

**Time:** During library opening hours

**Venue:** Almondbank Library, The Mall, Craigshill, Livingston

**Contact:** 01506 777500 **Email:** [almondbank.lib@westlothian.gov.uk](mailto:almondbank.lib@westlothian.gov.uk)



### 08 Mar

#### Young at Heart Social Evening - Addiewell

Music, entertainment and light refreshments are available.

**Time:** 7 pm - 9 pm

**Venue:** Loganlea Miners Welfare, Addiewell

**Contact:** Avril 01501 678048/07768 090008 **Cost:** £2.50



### 09 Mar

#### Storytime at Bathgate Library - NEW!

Bathgate Library is starting a new monthly storytime session for children on the second Tuesday of every month.

**Time:** 2.30 pm - 3.00 pm

**Venue:** Bathgate Library, Hopetoun Street, Bathgate

**Contact:** 01506 776400

**Email:** [bathgate.lib@westlothian.gov.uk](mailto:bathgate.lib@westlothian.gov.uk)



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## 09 Mar (cont.)

### Fauldhouse Library Reading Group

Come along and join in the lively discussion!

**Time:** 6.30 pm

**Venue:** Fauldhouse Library, St Andrew's Church Hall, Main Street, Fauldhouse

**Contact:** 01501 770358 **Email:** fauldhouse.lib@westlothian.gov.uk



## 09 Mar (until 13 Mar)

### Annie - Bathgate Regal

Bathgate Youth Theatre presents this family favourite.

**Time:** 7.30 pm (2.30 pm only on 13 Mar)

**Venue:** Regal Community Theatre, North Bridge Street, Bathgate

**Contact:** Box Office 01506 630085

**Tickets:** £9.50, £7.50 Concession

## 12 Mar

### Oatridge College Open Day

Come along to see the facilities and discuss your career options.

**Time:** 1.30 pm - 4.00 pm

**Venue:** Oatridge College, Ecclesmachan, Broxburn

**Contact:** 01506 864800 **Email:** info@oatridge.ac.uk

## 13 Mar

### Mother's Day Activity

Make a card and present for your mum for Mother's Day!

**Time:** 10 am

**Venue:** Lanthorn Library, Kenilworth Rise, Dedridge, Livingston

**Contact:** 01506 777700 **Email:** lanthorn.lib@westlothian.gov.uk



## 14 Mar

### Livingston Farmers' Market

Quality produce available. Takes place on the 2nd Sunday of the month.

**Venue:** Civic Square, Almondvale Shopping Centre, Livingston

**Time:** 10 am - 3 pm

**Contact:** 07977 179861 **Website:** www.safm.co.uk

## 16 Mar (also 23 Mar)

### Living Life to the Full Lifeskills Course - Bathgate

Free lifeskills course open to anyone from West Lothian with depression or a low mood. Participants must attend both days. Tea/coffee provided.

**Time:** 9.30 am - 4.00 pm

**Venue:** Bathgate

**Contact:** 0845 123 23 20

**Email:** Dannym@dascot.org

**Website:**

[www.dascot.org/services/livinglifetothefull/courses](http://www.dascot.org/services/livinglifetothefull/courses)



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### 16 Mar (cont.)

#### Get Real Results from your Website - Livingston

This workshop helps you understand what makes a good website.

**Time:** 9 am - 12 noon

**Venue:** Enterprise Centre, Almondvale Boulevard, Livingston

**Contact:** Business Gateway - West Lothian Council 01506 777400

**Email:** [bgateway@westlothian.gov.uk](mailto:bgateway@westlothian.gov.uk)

**Website:** [www.bgateway.com](http://www.bgateway.com)

### 18 Mar

#### Launch of Keep Well - West Lothian

"Keep Well" aims to reduce health inequalities and focuses on reducing incidence of heart disease, stroke and their main risk factors by offering a full health check to adults aged 45-64 years in areas of socio-economic disadvantage. Open to everyone.

**Time:** 9.30 am - 1.00 pm (includes free buffet lunch)

**Venue:** Livingston FC, Almondvale Stadium Road, Livingston

**Contact:** Lynne Simpson 07866 847289

**Email:** [lynne.simpson@nhs.net](mailto:lynne.simpson@nhs.net)

### 20 Mar

#### Spring your Wardrobe into Season

If you want to dress with passion and purpose, this workshop is for you. If you're a woman who feels stuck in a fashion rut, out of date, frumpy, or just bored every morning when you look in the wardrobe, this workshop brings you a world of change:

**Time:** 10 am, 2 pm and 6 pm

**Venue:** Cairn Hotel, Bathgate

**Contact:** 07861 705684

**Email:** [maureen.palmer@day4image.com](mailto:maureen.palmer@day4image.com)

**Website:** [www.maureenpalmer.com](http://www.maureenpalmer.com)



#### Hopetoun's Snowdrop Walk

Enjoy the Spring Garden at its very best! Booking is required for this walk.

**Time:** 2 pm - 3.30 pm (approx.)

**Venue:** Meet at the Car Park, Hopetoun House, South Queensferry

**Contact:** 0131 313 2451

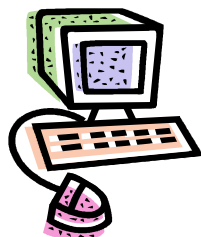
**Email:** [ranger@hopetounhouse.co.uk](mailto:ranger@hopetounhouse.co.uk)

**Price:** Adult £3.70 Child £2.20 (includes Grounds Entrance Charge and coffee)



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**23 Mar**

## Improve your Website's Search Engine Ranking - Livingston

Workshop on search engine optimisation techniques.

**Time:** 9 am - 12 noon

**Venue:** Enterprise Centre, Almondvale Boulevard,

Livingston

**Contact:** Business Gateway - West Lothian Council 01506 777400

**Email:** [bgateway@westlothian.gov.uk](mailto:bgateway@westlothian.gov.uk) **Website:** [www.bgateway.com](http://www.bgateway.com)

**24 Mar**

## Prostate Cancer Support Scotland Meeting - Livingston

Dr Philip C Bell GP from Armadale Surgery will speak on the topic "Prostate Cancer from a GP's Point of View".

**Time:** 7 pm

**Venue:** Macmillan Centre, St John's Hospital, Livingston

**Contact:** Charlie Hogg 01506 845981

**25 Mar**

## Bounce and Tickle - West Calder Library

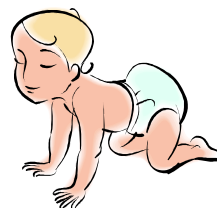
All babies and pre-school children are welcome. Please bring an adult along who can join in with the fun!

**Time:** 10.30 am - 11.00 am

**Venue:** West Calder Library, Main Street, West Calder

**Contact:** 01506 771630

**Email:** [westcalder.lib@westlothian.gov.uk](mailto:westcalder.lib@westlothian.gov.uk)



**27 Mar**

## Join in the Mole Hunt!

Part of National Mole Watch. Contact Ranger for more details.

**Venue:** Meet at Livingston Rugby Club Car Park (NT 070 678)

**Contact:** Ranger 01501 743905 **Website:** [www.molewatch.org.uk](http://www.molewatch.org.uk)



## Linlithgow Farmers' Market

Quality products include seasonal Scottish vegetables, venison, eggs, cheeses and smoked produce.

**Time:** 10 am - 2 pm

**Venue:** The Vennel, Linlithgow

**Contact:** 07977 179861

**Website:** [www.safm.co.uk](http://www.safm.co.uk)

## Go Ape Opens at Beecraigs!

Zip slides and lots of fun!

**Website:** [www.goape.co.uk](http://www.goape.co.uk)



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### 27 Mar (cont.)

#### Nearly New Sale (Falkirk & West Lothian NCT) - Linlithgow

Good quality used equipment, baby clothes, toys and maternity wear.

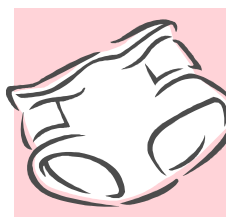
**Time:** 2.00 pm - 3.30 pm

**Venue:** Queen Margaret's Hall, Blackness Road, Linlithgow (opposite Tesco)

**Contact:** Lyn 0844 243 6129

**Email:** falkirkandwestlothian@googlemail.com

**Admission fee:** £1 Adults, Children are free



### 29 Mar

#### Real Nappy Information Session

Free information session and practical advice. Please get in touch to reserve your place.

**Time:** 5.30 pm - 6.30 pm

**Venue:** Parentcraft Room (next to OPD3), St John's Hospital, Howden, Livingston

**Contact:** Changeworks Real Nappy Project 0131 555 4010

**Email:** realnappies@changeworks.org.uk

### 31 Mar

#### Tea Dance - Blackburn

Dancing to music by Gary Copeland. Tea/coffee and biscuits.

**Time:** 1.30 pm - 4.00 pm

**Venue:** Blackburn Community Education Centre, Ashgrove, Blackburn

**Contact:** Avril 07768 090008/01501 678048

**Tickets:** £2.50

#### Easter Activities at Lanthorn Library

There's lots of things to do at Lanthorn Library this Easter!

**Time:** 3.30 pm

**Venue:** Lanthorn Library, Kenilworth Rise, Dedridge, Livingston

**Contact:** 01506 7777000

**Email:** lanthorn.lib@westlothian.gov.uk



**Do you have an event that you would like advertised?  
Would you like to get your group or organisation  
included on West Lothian Council's website?**

**Contact: Teresa Doyle,  
Community Information Assistant.**

**Telephone:  
01506 776335**

**Email:  
teresa.doyle@westlothian.gov.uk**

