

WEST Lothian PARTNERSHIP IN PRACTICE AGREEMENT 2008-10

INTRODUCTION

This Partnership in Practice (PiP) Agreement for 2008-2010 reflects the vision and partnership of all stakeholders in West Lothian concerned with services for people with learning disabilities.

The agreement, developed by the learning disability sub-group of the inter-agency Learning Disability Management Group and the West Lothian Learning Disability Forum, continues to build on the good work that has been achieved over the last seven years in implementing the objectives of 'The same as you? The national review of services for people with learning disabilities' In West Lothian the next three years brings new developments as well as the consolidation of the services that were developed during the term of the last PiP in 2004-07.

The agreement has five main sections: the first section outlines major policy changes and practice developments that affect all people with learning disabilities, such as Enabling and Sustaining Independence, Promoting Health, Personalisation, Supporting Inclusion, Joint Future developments, and protection of vulnerable adults. Sections two to four focus on developments for people at key life stages: children and young people, adults and older people. Section five sets out the resource / funding arrangements underpinning West Lothian's learning disability planned service provision for 2008-10.

Developments and provision made to children and young people reflect the work of the joint West Lothian Children's Services Management Group. Plans for children's services are also relevant to young people, and outline the specific developments around the crucial period of transition between childhood and adulthood.

We believe that it is demonstrated from the many activities outlined in this agreement, that partnership working between health and social work, the independent sector and our customers is resulting in, valued services for people with learning disabilities and an ongoing commitment to improving the experience of people with learning disabilities in West Lothian.

Ian Quigley
Chair
Learning Disability Sub-Group
Senior Manager Adults and Planning

1. THE POLICY CONTEXT

National Policy

The 'Same as you?' report remains the key document relating to service developments in services to people with a learning disability. In early 2004, the Scottish Executive produced two short life working group reports following on from the work of 'The same as you?' 'Working for a change?' on employment opportunities and 'Home at last?' on the national hospital closure programme. In 2006 the national "Same as You" implementation Group (SAYIG) produced three further reports, "Having your say?" regarding advocacy, "Make My Day!" regarding day services and "Changing Childhoods" regarding children. One further report is important to note, this is the Joint Lothian Learning Disability Strategy Review regarding the development of adult learning Disability Services across the Lothian area.

In addition to the recommendations of the "Same as you?" our core services, are required to meet a range of legislation, national guidance and local policy.

These include:

Adults with Incapacity Act 2000,
Mental Health (care & treatment) (Scotland) Act 2003
'Working for a change?' (2004). Short life working group report on employment opportunities
'Home at last?' (2004) Report on the national hospital closure programme.
The Health Needs Assessment "People with Learning Disabilities in Scotland" (2004).
"Having your say?" (2006) Report regarding advocacy,
"Make My Day!" (2006) Report regarding day services
"Changing Childhoods" (2006) report regarding children.
The Education (Additional Support for Learning) (Scotland) Act 2005,
Equalities Legislation
Changing Lives (2006) The 21st Century Social Work Review,
Adult Support & Protection Act 2007,
The Joint Lothian Learning Disability Strategy Review (2007) currently undergoing consultation.

The "Same as You Report?" (2000) provided the following definition of Learning Disability.

"A learning disability is a significant, lifelong condition which has three facets:

- Reduced ability to understand new or complex information or to learn new skills;
- Reduced ability to cope independently; and
- A condition which started before adulthood (before the age of 18) with a lasting effect on the individual's development."

This also included people with autistic spectrum disorders.

The review states that people with learning disabilities require a range of support depending on their needs. These include everyday needs, such as, a place to live, financial security, friendships and opportunities to have a meaningful day. However because of their learning disability they may also require support with extra needs, such as, help, with getting about, accessing services, understanding information and with communication.

Based on UK wide studies, *The same as you?* suggests we could expect that 20 people in every 1,000 have a mild or moderate learning disability and 3–4 people in every 1,000 would have a severe or profound disability. Using these figures, it is estimated that there are around

120,000 people in Scotland with learning disabilities. Of these, about 80,000 are adults over the age of 16 and about 30,000 are people with complex needs who require a lot of support.

For West Lothian these figures would approximate as around 3,000 people with learning disabilities, of these 2,000 would be expected to be adults over the age of 16 and of these 660 people would have complex needs requiring a lot of support.

Drivers for Change:

Changes to legislation and policy represent one aspect of the need for continuous review and improvement to our services. At the same time changing population needs, on-going User and Carer consultation and feedback also determine how we change the way we design and deliver our services for people with a learning disability?

These include people with multiple and complex disabilities, conditions and needs who may require help with the care and or support for:

- diabetes, epilepsy
- assisted feeding, special diets
- incontinence
- mobility
- hearing and visual impairments
- dual diagnosis (mental illness and learning disabilities)
- socially unacceptable or risky challenging behaviours
- Autistic spectrum disorders
- Pre-senile dementia and premature ageing

The higher incidence of people with special needs has generated significant changes in the nature and operation of services, including increased joint working with the NHS and other partners, improving the management of risk and the provision of more individualised services.

The following principles are drawn from relevant policy documents guide our local service development.

People with Learning Disabilities should:

- Have the same opportunities as others to get a job, develop as individuals, spend time with family and friends, enjoy life and get the extra support they need to do this.
- Have information about their needs and the services available, so that they can take part, more fully, in decisions about them.
- Be included, better understood and supported by the communities in which they live.
- Be at the centre of decision-making and have more control over their care.
- Be able to use local services wherever possible and special services if they need them.

All our service provision aims to comply with the above requirements, to maintain quality standards, objectives and develop suitable outcome measures relevant to the headings listed below.

1. Enabling and Sustaining Independence

2. Promoting Inclusion

3. Meeting Healthcare Needs

4. Meeting Lifelong Learning Needs

5. Safety and Protection

Services to people with a learning disability in West Lothian are provided both directly and through a range of partner agencies. These services are provided for people of all ages and with a range of care and support needs and their carers. Day support services, care homes, housing support and respite are provided by West Lothian Council or commissioned from a range of independent providers. Access to these services is based on an assessment of need, which is carried out by the Learning Disability Social Work Team. Transport arrangements are agreed according to the needs of the individual and independent travel support is provided. People may choose to make their own arrangements to meet their social care needs, and may be able to get a Direct Payment to do this.

What are we proposing to do in the near future?

For some years services for people with learning disability in West Lothian have been undergoing a range of changes designed to:

- Offer a more individually planned service.
- Offer a range of services that are responsive to service user need and aspiration.
- Offer services that are in line and responsive to the direction evident within “the Same as You?” report.

These changes have included:

- The development of a new Resource Centre to replace the two older Day Care Centres.
- The development of a range of community orientated day support options through the Community Inclusion Team.
- The development of Tenancy / Housing Support services.

As part of this process the team previously identified as the Adult Resource Team have been resourced through Supporting People funding to develop Housing support services to individuals in identified shared tenancies and their own individual tenancies. Reductions in the demand for Adult Placements have been evident over the past five years and have contributed to the need to re-evaluate this part of the service. Adult placements offer accommodation and support in a specially recruited and trained carer's home.

PROMOTING HEALTH, SUPPORTING INCLUSION AND HEALTH NEEDS ASSESSMENT

Considerable progress has been made across Lothian in taking forward the recommendations emanating from the national review of the contribution of all nurses and midwives to the care and support of people with learning disabilities.

Health Needs Assessment

The Health Needs Assessment "People with Learning Disabilities in Scotland" was launched in February 2004. The recommendations from this document will continue to inform the development of services during 2008-10.

Health Surveillance

Community Learning Disabilities Nurses in West Lothian offer a health surveillance assessment to all adults referred to their service. The agreed format for reporting outcomes from that assessment with the Lothian GP Sub Committee will continue to be developed. The delivery of this recommendation in a comprehensive and meaningful way continues to require a detailed plan to be drawn up with NHS Lothian and other planning partners. This will inevitably have additional resource implications. Lothian community learning disability nurses participate in national networks.

Health Promotion

Current health promotion work for people with learning disabilities in Lothian is focussed on a number of areas. Making Choices Keeping Safe, a pan Lothian sexual health policy for people with learning disabilities, was launched in April 2004. Work has been completed producing more 'Keeping Yourself Healthy' leaflets and six leaflets have been developed looking at different aspects of cancer. A New Opportunities funded project in South West and South Central Edinburgh has developed good practice guidelines in offering cervical smears to women with learning disabilities. Further initiatives and work will continue to be built into health promotion activities over the coming years.

Learning Disability Liaison Nurse

NHS Lothian has been providing a liaison service to Western General Hospital and at the Royal Infirmary of Edinburgh since May 2000. The service is now available at all acute hospital sites across Lothian. The focus of the second post is to provide a service at the Royal Hospital for Sick Children and at St John's Hospital.

Specialist Clinics

Special needs clinics for adults with learning disability are in place throughout Lothian although for West Lothian there had been some problems in identifying an appropriate setting this is now being offered via Edinburgh.

Care Pathways

Work continues to develop care pathways across different services and to map support and advice available. Carers and service users will be fully involved in this process. Arising from East Lothian Local Health Care Co-operative (LHCC) pilot project a care pathway has been developed between services for children and adults. Some work has also been done to help people with learning disabilities to improve access to mainstream services e.g. Health Matters project and ongoing college courses, Better health through Communication project, and Keep Yourself Healthy leaflets and CD ROMs.

Mental Health

The West Lothian Community Learning Disability Team includes two Learning Disability Psychiatrists who each work part time in West Lothian. They provide specialist out-patient assessment and treatment either in local health centres or on a domiciliary basis for adults throughout the region. Community Learning Disability Nurses work closely with the Child and

Adolescent Mental Health Service (CAMHS) through joint working and through attending consultation clinics. Two community nurses have undertaken a 6-month part time secondment to CAMHS to allow them to further develop skills. Community Nurses from the West Lothian team have also been given the opportunity to undertake the secondment.

Nurse Consultant

NHS Lothian has a Nurse Consultant in post following approval from the Scottish Executive. The post was developed in collaboration with Napier University and Queen Margaret College University.

Nurse Training/Induction

Awareness of learning disabilities is included in all NHS Lothian nurse induction and continuing development programmes. Children's Nurses are offered experience in working with children with very complex health needs and learning disabilities in the two respite/residential units Sunndach and Calareidh run by Lothian Universities Hospitals Division. Placements are offered in Community Learning Disability Teams to undergraduate nursing students from University of Edinburgh.

Speech and Language Therapy

Speech and Language Therapists working in the Lothian Learning Disabilities Service have close links with colleagues across Scotland and the UK. All speech and language therapists are involved in regular Continuing Professional Development and supervision in order to keep abreast of new developments. They are fully involved in special interest groups, research groups, peer supervision and journal discussion groups. This ensures that they are aware of developments in practice and innovations. A wide range of therapeutic approaches are employed including inclusive communication approaches and individual and group therapy.

The Scottish Executive reviewed Speech and Language Therapy for Adults with Learning Disabilities and Autistic Spectrum Disorder in 2003. The report recommended that all NHS Boards should review access to Speech and Language Therapy (SLT) for adults with learning disabilities.

NHS Lothian have developed and implemented flexible employment policies to support the recruitment and retention of staff. Recruitment of speech and language therapists to the Learning Disabilities service in Lothian has never been a problem. The speech and language therapy establishment in the West Lothian Community Learning Disability Team is one whole time equivalent. There remains a high demand for the service and there is currently a waiting list for treatment.

Leaflets are available to disseminate information about the speech and language therapists' service. Community Learning Disability Teams have close links with GP Practices and with Social work and provide regular talks about the services that they provide. All information provided by the Learning Disabilities Service for people with learning disabilities is in formats that are accessible. The team collaborates with colleagues in all agencies providing advice on the provision of information in accessible formats.

The service is continually reviewing skill mix and exploring creative ways to support less experienced therapists to gain experience in this area of work. Clinical placements are offered to Speech and Language Therapists in training on a regular and ongoing basis.

JOINT FUTURE

Joint Management Arrangements

West Lothian Council and West Lothian NHS Division have joint management arrangements within the context of the Community Health and Care Partnership (CHCP). At present, specialist health services for people with learning disabilities in West Lothian are hosted through the Mid-Lothian Community Health Partnership (CHP). The Senior Management Team of that Division continues to support joint working arrangements with the West Lothian agencies. Co-location of the existing NHS Community Learning Disability Team and the specialist Learning Disability Social Work team has also been considered.

Single Shared Assessment

NHS Lothian and West Lothian Council continue to develop agreed approaches in this area. The Lothian NHS Quality Improvement Scotland (QIS, 2006) report noted however that in practice, the extent of Single Shared Assessments (SSA's) use was found to vary across the different areas and across teams. A jointly agreed post is currently being seconded to take forward developments in this area.

E Care and Shared Information

To improve the quality and integration of services for children in West Lothian, it is accepted an interagency information system allowing up to date information to be shared between agencies at key points in the child's life is essential.

The Lothian QIS (2006) report noted that there was no overarching NHS Board-wide electronic record of the individual and collective health needs of adults with learning disabilities.

West Lothian Council will review its data collection in line with the requirements of the eSAY project during the life of the forthcoming PiP agreement.

Specialist Health Services

There are eight Community Learning Disability Teams (CLDT) across NHS Lothian. Five of these are in the City of Edinburgh Council area and the other three provide services for children and adults with learning disabilities to the Mid, East and West local authority areas. All the CLDT's are multidisciplinary. The QIS (2006) report agreed that the functional integration of general and specialist services was generally good.

The Managed Care Network (MCN) for Learning Disabilities regional (South East Scotland) services reports that it currently has eight working groups.

These are:

Autism Spectrum Disorder

Forensic

Severe and Challenging Behaviour

Education & Practice Development

Finance

Accessible Communications

Joint Resources Management

Physical Healthcare

Links will need to be maintained with people's home areas if they are to successfully enhance appropriate care pathways for people with learning disabilities. Plans will be drawn up to develop this work further during the life of this PiP.

NHS Lothian continues to consider how to develop joint projects with local councils for some people who remain in NHS in-patient beds after a period of assessment and treatment, but now need specialist resources which do not currently exist in Lothian. The outcome of the Joint Lothian Learning Disability Review (2007) will also influence decisions about pan-Lothian service provision and their links with the NHS Assessment and Treatment Services based in Edinburgh.

West Lothian Council and NHS Lothian will explore further the possibility of jointly funding and managing services to ensure that people with learning disabilities can be admitted for assessment and treatment within the NHS and move back into the community as soon as they are ready to do so. Some people with learning disabilities from West Lothian are currently living away from home in specialist resources. The joint Lothian review of all Learning Disability services has recently been completed its consultation and further discussions with relevant stakeholders are underway to consider future action.

NHS QUALITY IMPROVEMENT SCOTLAND (NHS QIS) QUALITY INDICATORS FOR LEARNING DISABILITIES

NHS QIS launched these Quality Indicators in February 2004. They build on the Scottish Health Advisory Service (SHAS) Learning Disability Indicators, which have been in use since May 2000 and include:

- Involvement of children and adults with learning disabilities and their family carers through self-representation and independent advocacy;
- Promoting inclusion and wellbeing
- Meeting general healthcare needs
- Meeting complex healthcare needs
- In-patient services and
- Planning services and partnership working.

The purpose of NHS QIS is to improve the quality of healthcare in Scotland by setting standards and monitoring performance, and by providing NHS Scotland with advice, guidance and support on effective clinical practice and service improvements.

Each NHS Board is required, along with local authorities and other partners, to complete a self assessment, based on the Quality Indicators and submit this to NHS QIS. In addition to the self assessment each NHS Board area will receive a peer review visit. Following their visits NHS QIS provide a report on services, which also contributes to a national review, which is published at the conclusion of the review programme.

The NHS QIS Review Team reviewed the Learning Disabilities Services of NHS Lothian on the 3rd & 4th August 2005. The local report was published along with the national report on 28th February 2006. The review team comprised of people from a variety of professions and agencies from across Scotland including at least one member with a background in social work, a service user and a family carer.

The report noted that at the time of the review there was a good range of assessment and support services in the community for people with learning disabilities. It also commented on

good work to improve both equity of access to services and social inclusion. Acknowledging the successful closure of long-stay hospital residential provision the report confirmed NHS intentions for further re-provision. In addition the report links with this the completion of an NHS Board wide health needs assessment for adults with Learning Disability and the development of community based service supports.

ASSESSMENT OF NEEDS

West Lothian Council's Learning Disability Assessment Team, comprising one team manager and seven social workers carry out needs assessments for people with learning disabilities and their carers. The team provides services to all individuals identified as having a learning disability. Social workers from the team are linked to specific care home and housing support provision and undertake systematic needs assessments on allocated cases. They provide an access route to all services through the assessment of need. The team reviews service user and carer needs, to adapt care plans as appropriate and provide service users and carers with information on which to base decisions regarding choice of services. They also take a lead role in exercising the council's responsibilities to protect vulnerable adults.

Adult Protection

Lothian and Scottish Borders launched their Interagency Guidelines "*Protecting Vulnerable Adults: ensuring rights and preventing abuse*" in May 2003. The partners involved in developing these guidelines were, Lothian and Borders Police, West Lothian Council, East Lothian Council, City of Edinburgh Council, Midlothian Council, Scottish Borders Council, NHS Lothian and NHS Borders.

This consortium, the Lothian and Scottish Borders Adult Protection advisory group is taking forward the implementation of the guidance and the pursuit of best practice in relation to the protection of vulnerable adults.

There is a well established interagency training and implementation group in West Lothian. This group will become the training and development subcommittee of the Adult Protection Committee. Currently this group design, deliver, overview and co-ordinate all the Adult Protection training and briefing sessions across the county.

All these training events are open to all staff in the local authority, the Health service and the Police. In addition the voluntary and private sector are invited to participate at no cost. Recently members of the Fire Service have attended the training and hope to be getting all their staff to attend

Direct Payments, Self Directed Support and In Control

West Lothian Council has had a Direct Payment Scheme since 1997, and has actively encourages the take up of Direct Payments by people with complex needs.

Access to the Direct Payment Scheme is through the usual care management processes, e.g. referral to the Adults, Older People's and Children with Disability Teams,

Local Area Co-ordination Team or Supporting People Team. Recipients are using the Direct Payment Scheme currently to buy support for personal care, a wide range of daytime activities and respite. Personal care is the most common service.

The total number of people in receipt of Direct Payments in West Lothian is currently around 80 of which 13 are people with learning disability.

"In Control" represents one model of providing Self-directed Support, which aims to deliver greater flexibility and control to service users. It developed from both the Independent Living Movement and the Inclusion Movement. The "In Control" model can use Direct Payments as a mechanism for providing support funding. The Lothian-wide Joint Lothian Learning Disability Strategy 2007 recommends (Recs. 20 – 22) that the "In Control" model should be piloted to enable further consideration of this approach.

The current position of West Lothian Social Policy is to support the review recommendations with a view to learning from the proposed pilots. Decisions as to whether to take forward this model will then be based upon a systematic and evidenced based approach.

A review of the current Direct Payment guidance and eligibility criteria is also planned to ensure their compatibility with new Self Directed Support, national guidance. At the same time services in this area will continue to develop more individualised and person centred care throughout all our Learning Disabilities services.

TRANSPORT

Transport remains a large part of the expenditure on public services for adults with learning disabilities. Access to accessible, safe, affordable, convenient and comfortable public transport is vital in order to achieve the goal of full inclusion. Securing best value continues to be important to protect those resources.

During the next three years further consideration of these issues will be considered by relevant services or within individual person centred plans as appropriate.

Key Issues Previously Noted:

Physical access - special access at bus stops, low floor buses, continues to be part of a major programme of improvement. Part of West Lothian transport strategy
Stigma Moving away from yellow Council buses with logos to generic transport.
Inclusion Preference to use culturally valued forms of transport and avoid segregation.

Poverty Taxicard, free/concessionary fares. Continuous improvement in take-up year on year
Information Bus timetables, integrated transport information, large print, use of visual symbols at bus stops etc.

Attitudes Challenging negative stereotypes, bullying, and anti social behaviour through public information
Participation in campaigns such as learning disability week, training bus drivers and escorts

Training in self-travel on going.

Looking at of costs in similar areas (Benchmarking) indicates potential for improved value for money. Reduce costs to UK average in order to re-invest in services.

Flexibility and improved access to transport.

Increase access to sports and leisure facilities, college and employment.

The concessionary travel scheme has been very successful in improving access to transport in West Lothian. Over the coming three years, in consultation with our partners, we intend to continue to make progress in all the areas listed above, and will provide regular reports to the Learning Disabilities Forum through the PiP process. We will also strive to ensure value for money through better financial continuous improvement, seeking to reduce our cost per journey to the UK average.

INFORMATION AND AWARENESS

West Lothian has a joint Communications Group looking at local issues regarding the communication needs of people with learning disabilities.

A Learning Disability Information Worker is employed part-time 21 hours per week to provide an information service for people with learning disabilities and their families. This post is funded through the Change Fund and is managed by Disability West Lothian, an independent information provider. The main focus of the role is to ensure that the information provided is accessible to the target group.

The worker has developed “Jargon- Busters”, a group of people with learning disabilities looking at other organisations’ leaflets and reporting back on how accessible they are. A grant for £500 has been received from the Unemployed Voluntary Action Fund: Valuing Volunteers to recruit and train volunteers to facilitate this group. Volunteers and group members are being recruited.

With regards to public information, a West Lothian Council corporate leaflets and web-publishing programme is under development. The following leaflets have been prepared or are underway:

- Adult learning disabilities assessment and services
- Support Services
- Community Inclusion Team
- Local Area Co-ordination
- Direct Payments
- Emergency and out of hours services
- Carers assessment and services

INVOLVEMENT IN PARTNERSHIP IN PRACTICE DEVELOPMENT

The Partnership in Practice 2008-10 has been developed by the joint Learning Disability Management Group and the West Lothian Learning Disability Forum. The group has consulted with representatives from West Lothian Council (Social Policy: Adults and Children Services, and Education Services), Lothian NHS (Lothian NHS Board, West Lothian Division), West Lothian College and independent sector service providers.

The Learning Disability Forum is chaired by a carer representative and has representation from carer groups, Our Voice, Our Choice Forum (of people with learning disabilities), advocacy providers, care home providers, housing support providers, information services, Local Area Co-ordination, and the Befriending service provider.

A PiP Working group was established to take forward consultation and writing, and included representatives from the Learning Disability Management Group and the chair of the Learning Disability Forum. Since the beginning of 2007, the Learning Disability Forum has

been fully involved in reviewing the existing PiP and putting forward ideas for future developments. The Our Voice, Our Choice forum has also been consulted with.

DISSEMINATING THE PIP

The PiP 2007-10 will be published in paper form, electronic, with easy read summaries also developed.

2. CHILDREN AND YOUNG PEOPLE

Introduction

The legislative requirements of the Children (Scotland) Act along with the recommendation of the report 'Getting it right for every child' 'For Scotland's Children' and 'The Same as You' provided the catalyst for the way in which we plan and deliver services to vulnerable children and their families.

A pivotal aspect of current reports and guidance is the need for more integrated, child centred approaches to address what are often very complex situations or indeed entrenched disadvantages experienced by children, young people and families. It is evidenced repeatedly that effective support to children and families requires all involved agencies to work effectively together.

West Lothian Children's Services has a long history of effective joint planning, joint training and joint working practices and are committed to a shared vision 'to improving services and working together better to promote' a 'Scotland where every child matters'.

Children's Services Management Group has the responsibility of developing and overseeing the Children's Services Plan and reports to the Health, Wellbeing and Learning Group in West Lothian Community Planning structure.

The Children's Services Plan of 2002/04 represented considerable work by West Lothian Community Health & Care Partnership, NHS Lothian, the Scottish Children's Reporter's Administration, Police, Voluntary bodies, parents, young people and their representatives.

The 2001 – 2004 Children's Services Plan was for all children building on the provision of robust universal services aimed at promoting early identification of need and early intervention enabling us to target services to those children and families most in need.

The plan aimed to promote social inclusion and promote better integrated working across the range of services in West Lothian. We are committed to continuing and developing services that will support and enable children and young people with disabilities to pursue inclusive and fulfilling lifestyles.

The 'Getting it right for every child' agenda has provided further opportunity for those living and working in West Lothian to work together to improve opportunities for young people and their families.

Initiatives funded are to enhance work already started in shared locations like the Child Development Centre, Early Years Centres and developments in Integrated Community Schools. We plan to develop and establish new systems to improve single entry access, shared information and shared assessment.

Initiatives have built on current work in communities by:

- Targeting further groups of young people at risk of exclusion
- Promoting co-ordination of assessment
- Co-ordinating interventions for children more at risk

Most of the early interactions with children with learning disabilities are the responsibility of health with education and social work services becoming very quickly involved. In West

Lothian, the main focus of early identification and intervention is the Child Development Centre within Beatlie Campus.

Child Development Centre

West Lothian NHS, in partnership with West Lothian council have established an innovative approach to integrated service delivery within the Child Development Centre which is part of Beatlie Campus in Craigshill, Livingston providing a single door to services for children with all kind of developmental difficulties and their families.

The Child Development Centre offers multidisciplinary assessment and treatment for young children with all forms of neurological and developmental difficulty including children with motor disability (e.g. cerebral palsy) and social and communication difficulty (e.g. autism). The Campus also offers education facilities from nursery to school leaving age for severely and profoundly disabled children, other services include First Steps Playgroup a voluntary funded playgroup for pre school children with complex needs from aged 1 year plus and Signpost a voluntary funded parent support information and advisory service.

Also based within the Campus are the Education Pre School Home Teachers and Access Officer (education). Over the same period Social Policy has created a specialist team for children with disabilities, which has facilitated closer working relationships with a regular presence within the Campus. This centre is the first Child Development Centre within Lothian and the integrated Campus the first of its kind in Scotland. Parents have described the Campus as a Centre of Excellence.

The main objective is to improve the quality of services (health, education and social work) for pre school children with neurological and development disabilities and their families so reducing isolation and promoting active parent involvement in the management of their children. Effective co-ordination of services and provision of information and support to families are key objectives. Involving parents in the assessment and planning of care for their individual child, and in the design and delivery of services at the Centre, is a key underpinning principle. The Service also seeks to reduce social exclusion by raising awareness among communities and professional staff of the needs of this group of children and their families.

In relation to the development and shape of Community Health Partnerships (CHP) across Scotland, the West Lothian way has been different to the standard requirement for a CHP. Because of the extensive joint working that had already taken place in West Lothian it was decided to build on the years of experience of partnership working across health and social care boundaries and develop a more advanced model of CHP.

NHS Lothian and West Lothian Council agreed that within West Lothian a community health and care partnership should be established taking on board the previous powers of the Primary Care Directorate of the integrated Trust in addition to community care and children's services. This offered a unique opportunity to support the integration of a range of functions including children's services.

West Lothian CHCP manages a substantial range of NHS and Council services including: community care, personal care, residential care, continuing care, mental health, general practitioner, dental, optician, pharmacist, district nursing, health visiting, the allied health professions, children's services, learning disabilities and physical disabilities and is ideally placed to deliver an integrated model of care to meet the needs of children and young people in West Lothian.

Achievements within Child Development Centre

- Integrated Assessment Framework for Children with Disability using the new C-me technology to share information with other agencies on-line.
- Integrated team approach for all therapy services for children with neurodevelopment delay/disorder and their families
- Care co-ordination approach to services for children with neurodevelopmental delay/disorder incorporating integrated assessment framework and key worker model and development of life plans for each child and delivering a 'Team around the Child' model of care.

Current Statistics

Special Needs System – 662

Multi-disciplinary clinics -Child Development Centre - 179

Autistic Spectrum Disorder -110

The population of children with disabilities continues to increase in West Lothian with approximately 100 births per year, more families moving into West Lothian, new housing developments and continued integration into education and care provision.

Respite Care

- Sunndach a new high dependency unit opened in New Year Field in West Lothian in January 2003 one of 2 units commissioned in Lothian by Lothian Universities Hospital NHS Trust and NHS Lothian. There are 4 residential beds and 5 beds for respite offering a more flexible respite service with an emergency bed and regular holiday care. This unit offers long term residential care and short breaks to children and young people with high levels of health needs requiring Trained Nurse intervention.
- The Respite Care Project has been completed involving parents and carers identifying the need for a wide range of flexible respite provision.
- In addition to this respite for children is also provided by Seaview and NCH.

Autistic Spectrum Disorder

In West Lothian there are over 100 children and adolescents with a diagnosis of Autism or Aspergers syndrome and many more are being referred to our Autism Assessment Clinic based within Children Development Centre. Lead professional is Dr. Joan Ritchie, Associate Specialist, Community Child Health.

Work achieved:

- West Lothian strategy for autism
- Integrated pathway for assessment and diagnosis
- Identify and address training needs
- Develop a centralised lending library
- Set up resource bank for parents
- Develop social skills group and social opportunities for children with Aspergers Syndrome

Children & Young People with High Support Needs

West Lothian CHCP is fully represented by Health & Social Policy at the Lothian Exceptional Needs Support (LENS) group previously known as the Cross Trust Group. Children and young people who have complex health care needs undergo joint assessment for the

provision of jointly funded Packages of Care using integrated assessment framework. These packages of care for West Lothian children are provided locally co-ordinated and fully managed by the West Lothian CHCP to form 'The Team Around the Child'. During the period of the last PiP report the following provision has been available to children and young people with high support needs in this area.

- 9 children in West Lothian have received a package of care to fully support them at home and in the community
- Through LENS an education facilitator post has been appointed based at Sunndach West Lothian, respite and residential unit for children to educate and train staff working for these children with exceptional health care needs in the home and community
- Respite for children and young people with learning and complex health care needs continues to be provided at Sunndach
- Draft 'Homecare Package Agreement' for families has been devised

For 2008 – 2010

West Lothian CHCP will:

- Continue to provide and manage a local 'Team around the Child' to support children and young people with complex health care needs within West Lothian
- West Lothian CHCP will fully represent children and young people within West Lothian at the LENS group meeting
- West Lothian CHCP will contribute to the finalised 'home care package agreement' and adapt this for West Lothian families.

Other Special Needs

For children with special needs a co-ordinated approach continues to be taken to deliver care working in partnership with other agencies, including integrated assessment, co-ordination of care, joint care plan documentation and jointly provided packages.

The provision of a Community Children's Nurse specialising in children with neuro development disorders based between Beattie Campus and St John's hospital leads and contributes to the support required for these children and their families. The nurse supports the child and family by identifying support services and equipment required and delivers this in a co-ordinated approach.

The Community Children's Nurse for children with neuro developmental problems is part of the local Community Children's Nurse team and works with therapists, the learning disability team, Social Policy, Education and the Primary Health Care team from the point of diagnosis/identification of need through to transition.

We plan to continue and build on these services.

The establishment of a Child Disability service within Social Policy and transition service within adults is fully represented by key partnership agencies.

West Lothian CHCP also has a transition group where young people with learning difficulties and who have more complex health needs and who are approaching transition into adult services are identified.

This integrated group supports youngsters going through transition who may require the services of acute hospital admission and other specialist health services by developing shared plans.

This group will continue to meet on a monthly basis and will widen its membership to ensure all key health professionals for transition are represented.

Learning Disability Liaison Nurse

The appointment of the Learning Disability Liaison nurse at St John's Hospital has been instrumental in improving the experience of children and young people entering the hospital system, has actively increased the skills of staff working within acute services in relation to working with people with learning disabilities and has improved the continuity of care between St John's Hospital and the Royal Hospital for Sick Children.

This service continues to develop individual ideal plans for young adults accessing health care in St John's Hospital and ensures these plans are developed and kept up to date in the key departments where healthcare may be accessed.

Social Policy

A Child Disability Service was established seven years ago in West Lothian. The team specialises in services for children affected by a disability, undertaking assessment of need of children and of their carers and organising services for families to meet those needs.

From this practice the Child Disability Integrated Group (CDIG) has been developed. This group has been further augmented by representation from key partner agencies which includes Social Policy, Health, Education and Voluntary services. The group meets monthly and following comprehensive assessment of the child and family decisions are made about the need of service required and ensures that appropriate multi-agency support plans are achieved.

A tool has been developed to inform a consistency of approach and decision making for all children and carers assessed. This tool aids the decision process for the group in determining the appropriate range of services that maybe accessed to support the individual child and their family.

Over the past year CDIG has discussed over 80 children and young people due to the level of complex need some children are discussed on a regular basis.

CDIG will continue to meet, discuss and plan the support packages for individual children and families. CDIG are also consistently addressing the wider issue of equality of service provision and availability of local resources. The group regularly feedback to Senior Management of the various agencies.

Transition

The establishment of a specific Child Disability Service within Social Policy has resulted in many more children with disability receiving service. This, in turn, means that we have had to develop processes to ensure that these children transfer to appropriate services for adults as seamlessly as possible.

Initially reliance was placed on merely passing information to our colleagues in adult services, backed up by telephone conversations about particular individuals. This proved inadequate to fully meeting the needs of young people, so regular meetings between relevant staff in Social Policy were established. These did improve practice, but it soon became

apparent that multi-agency discussion, on a regular basis, would enhance the service for young people in transition from childhood to adult hood.

The Transition Group was, therefore, formed and includes representation from both children's and adult's services in Social Policy, education services and health services.

This group is effective in ensuring that the needs of individuals are fully considered and that the most appropriate individual plans are formed for each young person.

The group has also been useful in promoting the sharing of information between services and ensuring that advance management information is available to inform future planning.

The Transition Group has been meeting regularly for the last 18 months. Approximately 30 young people have been discussed, due to the level of complex need some young people are discussed on a regular basis.

The Transition Group will continue to meet, discuss and plan the transition process for individual young people.

Parenting Skills Programme

Early intervention is taken to address childhood behavioural problems and to enhance quality of interaction between children and their parents. At the Child Development Centre groups are planned to meet the needs of parents attending such as early communication courses for parents with children with an early diagnosis of autism or getting through the day a behaviour programme adapted to meet the needs of parents with a child with a disability.

A Training/Development programme for practitioners is underway, led by a Clinical Psychologist to undertake group work for parents.

Empowering parents and building on parenting capacity and confidence

A range of developments have been implemented that will aim to enhance and promote a positive approach to parenting by increasing the confidence skills and capacity of parents of children in the early years.

Paediatric Equipment Store

The store aims to improve services for assessment and provision of equipment for children with disability. It provides one-stop access to paediatric equipment by including paediatric equipment in the existing Joint Equipment Store. Common criteria and risk assessment documentation has been developed and agreed on a multi-agency basis.

What has been achieved

Children's Services Management Sub Groups and Stakeholders/Users Forum have been arranged into three main age based groups: Early Years, Primary and Secondary/Transition. A further three groups continue to meet with a view to be subsumed into the main groups as and when appropriate. These are Child Protection, Youth Justice and Mental Health and Wellbeing.

Alongside the restructuring of the Children's Services Management Group Education Services have been developing a model of staged intervention to assessment, planning delivery and reviewing services for children with additional support needs. This model

reflects current good practice and takes account of national and local priorities particularly in relation to the presumption of mainstream. It also places great emphasis on the potential for joint assessment teams based in communities to identify children with enduring needs and to commit agencies to specific roles in respect to those children and their families. We plan to build on from the coherence of this model to allow all young people of concern, not only those of concern with the school system to benefit from joint assessment and integrated services.

Generic Support Workers

A model of multidisciplinary/multiagency generic support service for children with disability has been developed using a pool of Generic Support Workers based on joint training and joint management. This offers families short break flexible respite within the home and practical help and support.

Mental Health and Wellbeing – school initiative

In the promotion of appropriate development, mental health and wellbeing of primary school age children, priority will be given to children at risk of developing mental health problems. This group includes children with development delay, learning difficulties, autistic spectrum disorder, ADHD etc. A multi-agency integrated model of effective practice has been implemented working closely with parents.

Mental Health Link Workers

Link Workers are based in 3 New Community School Clusters and aim:

- To achieve better integrated children's mental health services
- To improve the knowledge, skills and awareness of mental health of staff in schools
- Improved access to services

Mental Health

The research project in partnership with Scottish Executive, Dundee University and Child and Adolescent Mental Health Service has been completed.

Education Services

Education and Cultural Services provides education to around 26,000 pupils in 66 primary schools, 11 secondary schools and 6 schools for pupils with additional learning needs. Three of these, Beattie, Cedarbank and Pinewood providing support for children with learning disabilities. Pre-school education is provided at 4 early years centres, 8 nursery schools and 44 nursery classes.

Wrap around care is provided at 11 nursery and primary schools.

Education and Cultural Services employs approximately 3200 staff, including approximately 1900 fte teaching staff and 1300 fte non-teaching staff, and has a revenue budget of over £139 million pounds and a capital budget of approximately £17 million. Education and Cultural Services provides school based education in terms of the five national priorities for education and legislative requirements, ensuring the proper staffing, financing and resourcing of all schools. The quality of provision and support for pupils and the effectiveness of improvement strategies are monitored and evaluated by a team of education officers. The quality of the school improvement agenda has been recognised by Her Majesty's Inspectorate of Education (HMIE). The development of the curriculum is supported across all schools by effective continuing professional development, networking and development posts.

The service aims to raise significantly the levels of attainment and achievement for all pupils, measured against the national priorities and is committed to working in partnership with schools, staff, parents, carers and pupils to provide high quality education for all pupils.

A wide range of services are provided for pupils and students with additional learning needs, including social, emotional and behavioural needs, learning and health needs, hearing impairment, visual impairment, autistic spectrum disorders, speech and language needs, a teaching team for looked after children and a teacher for ADHD. In support of the child's entitlement to mainstream provision, services are increasingly delivered on an outreach basis, and as flexible packages of support within a mainstream setting. A psychological service is provided and is fully engaged in our strategic approach to effective learning and teaching. An alternative curriculum is also provided where mainstream education is not in the best interests of the child.

Full and detailed performance information is gathered from all schools and used to provide reliable, diagnostic information, which informs the learning and teaching process. Schools make very good use of this information to plan next steps in learning with children and young people to ensure that they continue to make good progress. A wide range of services for pupils and students which complement their school education are provided through the Community and Lifelong Learning service, Arts and Cultural Services, Libraries and Museum Services, Sport and Recreation and Outdoor Education.

In order to meet the requirements of the Additional support for Learning Act (2005), Education Services has implemented co-ordinated support plans for children assessed as having either complex needs or needs which require the formal input of more than one agency. It is the responsibility of Education Services to co ordinate resources from across services to ensure that assessed need is met. These processes build on existing good practice within West Lothian and aim to enhance the rights of all our families to an education that meets the needs of the individual child.

West Lothian Council continues to promote inclusion of pupils with disabilities. Developments are ongoing to adapt more schools to become accessible to pupils with physical difficulties. The Strategy for Early Years and Child Care, developed by a cross Council team and supported by a Partnership representing the private and voluntary sectors, Health and Council Services, aims to ensure the inclusion of children with learning difficulties in the expansion of out of school care and learning, wraparound care and nursery places.

YOUNG PEOPLE

Working Together - Training and Staff Development

Joint Training initiatives have been developed and implemented including working with young people, managing challenging behaviour, attachment and resilience and shared skills training.

Joint Induction Programme for all new staff working with children's services in West Lothian has been successfully implemented offering two days per year.

Health Improvement

Health Improvement is a key objective in the Children's Services Plan and the following are examples of initiatives to improve the health of young people.

- Eat Rite West Lothian is a Food and Health project to improve the nutritional status of people of West Lothian. Key target areas are children and young people, by the introduction of breakfast clubs and fruit tuck shops
- On the Move West Lothian is a Health Enhancing Physical Activity project to promote an active life style and improve accessibility for young people in sports and leisure centres
- Stay Safe West Lothian is an Accident Prevention and Safety in the Home project
- Oral Health Project aims to reduce dental caries in children and young people
- Healthy Respect Demonstration Project contributes to programmes that address the sexual health of young people to reduce unplanned pregnancies and sexually transmitted disease through the Sexual Health Education Programme SHARE delivered by multidisciplinary teams within schools
- Tobacco education in schools aims to reduce smoking by 12 – 15 year olds

After school care in Special Schools in West Lothian

In line with other children in West Lothian families who have children and young people attending the three special schools in West Lothian have access to After School Care. This service was set up to offer parents an opportunity to work, pursue studying or training opportunities. It also affords parents time with siblings. The service scores highly in terms of user satisfaction from both parents and pupils. The service is currently able to meet the health needs of all clients who use the clubs.

Provision of Respite/After school care for secondary age children with complex needs at Beattie Campus.

To provide parents/carers of children and young people with complex needs some respite/after school care in order that they are able to undertake some work training or study opportunities which should assist the health and wellbeing of the whole family unit.

Bathgate Young People's Health Living Centre – Chill Out Zone (COZ)

A new purpose built centre for West Lothian's Young People situated in Bathgate provides information and health services for young people. This is a multidisciplinary initiative led by Children First with funding from new Opportunities Fund for the building. Visits to the centre have been arranged and encouraged for young people with learning disabilities including pupils from Cedarbank School. We will continue to optimise access and opportunities for young people with learning disability.

West Lothian College

West Lothian College serves a diverse community of learners and is committed to widening participation in the local and regional context. It co-ordinates or actively participates in many widening participation programmes with a range of stakeholders, provides a number of progression routes and access to employment.

(Extract from West Lothian College Inclusiveness Policy 2007)

A wide range of programmes are offered within the support for learning sector to a number of client groups, including those with:

- Additional Support Needs
- Learning difficulties/ disabilities
- Physical disabilities
- Mental Health problems

- Emotional and behavioural difficulties
- And a small number on the Autistic Spectrum

Six fulltime programmes have been run over the past few years which have been designed to meet the learning needs of young people with a variety of support needs and learning difficulties. Over the past two years the sector has worked to give these programmes more focus and to ensure the existence of progression routes both within the sector and into mainstream provision.

To this end this coming year will see the introduction of a Preparation for Further Education Full time programme to be delivered within the Vocational Skills Sector and one Preparation for Further Education to be delivered in partnership with the Image Beauty and Fitness Sector.

These courses are intended to cater for two broad groups of learners.

1. Those who have been unsuccessful in their application for mainstream provision because they do not have the required level of core skills for entry and would need support to achieve them.
2. Those who have moderate learning difficulties but the potential to progress onto a mainstream course given some time and the correct level of support.

These two courses will offer a variety of practical vocational options as well as core and soft skills development. This is intended to develop employment skills as well as prepare students for possible progression into mainstream provision.

The remaining four full time courses will be divided into two broad categories.

1. Introduction to College and Preparation for Independent living will be delivered to those students with fairly profound learning difficulties.

The transition from school to college is, for this group, a very big step and one for which they are often ill equipped. These full time programmes have been developed in partnership with local schools and social services. Students enrolling onto Introduction to College will for the first time have had a year long school link programme which will have better prepared them for the move to college.

2. Young People into the Community and Young People into Employment are courses designed for those students who may have the potential to access community facilities or enter the job market but who still have significant support needs. These courses have been designed with citizenship as an integral part of the programme.

Assisted Programmes Staff have, over the last year, worked closely with Community Inclusion Team to redesign the part time portfolio in order to ensure the delivery of a more appropriate set of courses. As a result we will be delivering a year long Independent Living Programme which is intended to support those individuals who are moving into their own accommodation. Part-time courses are also run in a variety of other areas including catering, photography, computing ,art and office skills.

The sector will also continue to develop and deliver programmes at adult provision Centres in the Community in partnership with West Lothian Social Services.

We will continue to develop the extended school link provision in partnership with Pinewood School, Cedarbank School and James Young High School. This has been effective in ensuring a smoother transition process for young people making the move from school to college. In the case of James Young High School we will seek to identify more appropriate means of supporting young learners on Autistic Spectrum for whom the move to college can be problematic. These young people are often academically more suited to mainstream provision but lack the confidence and social skills to access these courses.

Student Numbers for 2007-2008

56 Full time students age 16-20 from special schools or support units in mainstream schools.

38 Part time students attending college from the community ages 19 -60

30 students at Adult day Centres – Blackburn Clarendon and Bloomhouse. 16 young people still attending school but participating on the extended transition programme.

Careers Scotland

Careers Scotland aims to help all young people who want to get into education, employment or training.

Careers Scotland staff support young people with their career planning needs in all secondary and special schools in West Lothian. The Careers Adviser helps individuals to:

- Look at their own interests, skills and strengths
- Understand the options open to them
- Develop realistic and achievable plans
- Develop job seeking skills
- Make applications to college and university
- Link with other organisations and agencies

In Cedarbank and Pinewood schools students benefit from a specific ‘Leavers Programme’ in their final year. The programme is co-ordinated in partnership with school staff and aims to prepare students for life beyond school. The programme includes visits to local employers, training providers, colleges and other agencies. Students benefit from improved confidence and greater awareness of post-school opportunities.

In school and college careers advisers participate in multi-agency meetings to support the transition process. Careers Scotland is also represented on a multi-agency joint working group which is currently working towards improving transition arrangements for children and young people with additional support needs in West Lothian.

Additionally for many parents and carers of young people with additional support needs, accurate and up to date information on post-school options is essential in order to help young people to make informed choices. To support this each year Careers Scotland produces a ‘Resource Guide for Parents and Carers’ which details post-school options across Edinburgh and Lothians.

The Careers Scotland Centre in Livingston offers career planning support to individuals of all ages and abilities.

3. ADULTS

INTRODUCTION

The 'Same as you?' report remains the key document relating to service developments in services to adults with a learning disability. In early 2004, the Scottish Executive produced two short life working group reports following on from the work of 'The same as you?': 'Working for a change?' on employment opportunities and 'Home at last?' on the national hospital closure programme. In 2006 SAYIG produced three further reports, "Having your say?", regarding advocacy, "Make My Day!" regarding day services and "Changing Childhoods" regarding children. One further report is important to note, this is the Joint Lothian Learning Disability Strategy Review regarding the development of adult learning Disability Services across the Lothian area.

The Joint Lothian Review aims to take forward the Same As You? recommendations on a Lothian-wide level, focusing on Adult services provision and planning. The report should inform and build on partnership working and direct developments in services designed to meet the needs of people with profound learning disabilities and or additional physical or mental health needs. It will also take account of local plans (Partnership in Practice agreements) specifically with regard to how local services interface with the provision of wider care across Lothian. The Joint Lothian Learning Disability Strategy Review report is currently undergoing a period of consultation.

At a local level our Partnership In Practice agreement will set out how the principles of the Same As you? will be implemented in West Lothian.

Services to adults with a learning disability in West Lothian are provided through a range of partner agencies. Day support services, care homes, housing support and respite are provided by West Lothian Council or commissioned from a range of independent providers. Access to these services is based on an assessment of need, which is carried out by the Learning Disability Social Work Team. Transport arrangements are agreed according to the needs of the individual and independent travel support is provided. People may choose to make their own arrangements to meet their social care needs, and may be able to get a Direct Payment to do this.

As well as having access to the usual range of primary health care services, adults with learning disability can access specialist services provided by NHS Lothian. Community Learning Disability Nurses offer health surveillance assessments and help people to use other health services. The West Lothian Community Learning Disability Team includes two Learning Disability Psychiatrists who each work part time in West Lothian. They provide specialist out-patient assessment and treatment either in local health centres or on a domiciliary basis for adults throughout the region.

Specialist in patient or day patient assessment and treatment services are provided in the William Fraser and Greenbank Centres in Edinburgh and in five rehabilitation houses, three in Edinburgh, one in Broxburn and one in Midlothian. The Challenging Behaviour Team works on an outreach basis offering assessment and support for people with learning disability, their families and carers. A small number of people from West Lothian reside in the State Hospital at Carstairs.

Lifelong learning opportunities are offered through West Lothian College and colleges in neighbouring local authorities. The college works in collaboration with Social Policy and Education in providing full and part time course to young people and adults with learning disabilities.

Drivers for Change

The 2004-07 Partnership in Practice Agreement, set out how we would meet the key recommendations of the 'Same as you?'. In addition to these recommendations our core services as described above, are also required to meet a range of legislation, national guidance and local policy. Our services are subsequently assessed by a number of independent bodies or processes in relation to meeting their interpretation of the standards and principles required.

These include:

Adults with Incapacity Act 2000,
Mental Health (care & treatment) (Scotland) Act 2003
'Working for a change?' (2004). Short life working group report on employment opportunities
'Home at last?' (2004) report on the national hospital closure programme.
The Health Needs Assessment "People with Learning Disabilities in Scotland" (2004).
"Having your say?", (2006) report regarding advocacy,
"Make My Day!" (2006) report regarding day services
"Changing Childhoods" (2006) report regarding children.
The Education (Additional Support for Learning) (Scotland) Act 2005,
Equalities Legislation
Changing Lives (2006) The 21st Century Social Work Review,
Adult Support & Protection Act 2007,
The Joint Lothian Learning Disability Strategy Review (2007) currently undergoing consultation.

Inspection Agencies; QIS, SWIA
Care Commission, MWC,
National Outcome Measures,
Chartermark,

Changes to legislation and policy underline one aspect of the need for continuous review and improvement to our services. At the same time changing population needs, on-going User and Carer consultation and feedback also determine how we change the way we design and deliver our services for people with a learning disability?

Adopting Key Principles

Key principles drawn from the above policy documents guide the development of our local services. These incorporate the aim that people with learning disabilities should have information about their needs and the services available, so that they can take part, more fully, in decisions about them.

They should be supported to develop as individuals, spend time with family and friends, enjoy life including opportunities for employment. That they should be included, better understood and supported by the communities in which they live. We will endeavour to place our service users at the centre of decision-making and maximise their control over their care. Lastly they should be able to use local services wherever possible and special services if they need them.

KEY ISSUES FOR THE 2008/10 PiP

All service provision will, as appropriate aim to comply with the above requirements, to maintain quality standards, objectives and develop suitable outcome measures relevant to the eleven heading listed below.

1. Enabling and Sustaining Independence
2. Promoting Inclusion
3. Meeting Healthcare Needs
4. Meeting Lifelong Learning Needs
5. Safety and Protection
6. Record Keeping and Communication
7. Developing Partnership Working
8. Leadership and Direction
9. Financial Resource and Information Management
10. Meeting Staff Needs
11. Capacity for Improvement

WHAT WE PLAN TO DO IN 2008-10

Following on from the successes of the last three years, we intend to consolidate work on existing services along with the development of new projects which we believe will further improve people's quality of life.

Services for Autistic Spectrum Disorders (ASD)

The Adult Autism Co-ordinator continues to have involvement and input to West Lothian in a variety of ways.

Regional Autism Spectrum Consultancy Service

- 22 people have been referred for diagnosis, assessment and advice.

Ongoing input:

- Involvement with Community Learning Disability Team by visiting to find out about issues of concern regarding ASD. A workshop was held in May 2007 so that all teams could meet and share issues and plan how they could work better for people with ASD.
- Lecture to St John's Clinical Psychology and Psychiatric services.
- Free training provided for Health and Social care Professionals on ASD on request.
- Individual outreach visits have been made to West Lothian as required.
- Advice and suggestions to Social Workers about their clients who have ASD

Training has been delivered to a wide range of services, including schools and colleges. The aim is after diagnosis, to work closely with the range of provider agencies and informal carers to provide direct training, identify communication strategies for use with specific individuals with ASD and jointly to set up standards for good practice.

NHS Lothian and partners has awarded a contract to Autism Initiatives for the establishment of a pilot one-stop-shop service for high-functioning people with Aspergers and autistic spectrum disorder. This service, which is based in Edinburgh, provides a range of information, training, employment, carer support and outreach services across the whole area. It is funded from August 2004 until March 2008 and its continuation will be considered as part of the current Lothian Wide Review.

Number 6:

- At 30 April 2007 38 people from West Lothian were registered to use Number 6.
- People come into the centre to access the range of activities and support available there.
- Individual outreach visits to West Lothian are made as required.
- Monthly outreach sessions continue at Strathbrock Partnership Centre, Broxburn.
- Free training for NHS and Social Care professionals is provided at Number 6
- The service is funded from August 2004 until March 2008 and its continuation will be considered as part of the current Lothian Wide Review.

Other

- Autism Special Interest Group – primarily for NHS and Social Care staff to allow them to share good practice and learn from each other's experience. Families and people with ASD can attend meetings when there is no discussion of individual cases.

Advocacy

ACE Advocacy started in April 2003, employing a Project Co-ordinator and an Advocacy Co-ordinator in November 2003. The project will continue to be funded jointly with Lothian NHS Board to provide citizen advocacy, group advocacy and self-advocacy support to people with learning disabilities. ACE Advocacy successfully re-established West Lothian's collective advocacy group, Our Voice Our Choice (OVOC). This group is now meeting regularly and has continued to increase its membership, which is currently now over 70 individuals. Representatives of OVOC are supported as full members of the West Lothian Learning Disability Forum. The following future developments have been identified:

Independent advocacy will aim to provide support to a target group of between 100 to 120 individuals per year. Maintain a pool of between 12 to 15 volunteers per year. Provide support to the Our Voice, Our Choice group's involvement in the Learning Disability Forum for a minimum of four meetings per year. Support to service user involvement in key planning activities/service reviews as requested by West Lothian Council.

Enable the further development of OVOC by accessing funding and the continuing widening of the group's membership.

Ongoing awareness raising of the ACE Advocacy project to people with learning disabilities who may wish an advocate

Programme of recruitment and training of advocates.

Ongoing participation in local and advocacy networks to develop the community base of the project

Employment

In response to '*Working for a change?*', West Lothian Council has reviewed its Employment Strategy for people with Learning Disability. Having considered a range of possible options Social Policy Learning Disability Services has subsequently consolidated existing resources within a restructured Independence Team. This will establish more focused support services for people with Learning disabilities targeted at developing greater support for independent living.

The development brings together five existing areas of provision under one manager and establishes a new "Independence Team". Within this team staff working in Housing Support, Adult Carers, Local Area Co-ordination, Employment Support and Person Centred Planning will collectively bring greater focus to enabling and sustaining independent living for people with learning disabilities.

It is believed that the development of the Independence Team will offer a significant contribution to the development of person centred approaches and choices for individuals with learning disability in West Lothian. It is anticipated that the synergy and inter-relationship between the five staff groups within this Team will add value to the service by inter-team support, sharing principles and developing additional and new means of achieving the overall aim of independence and individualised support for service users.

A number of other organisations provide work-based opportunities and training to people with learning disabilities. One of these is the Café Mistura, located in the COSLA award winning Strathbrock Partnership Centre, which provides training and work placements for 9 people with learning disabilities.

Local Area Co-ordination

Local Area Co-ordinators provide support for individuals to access person centred opportunities including employment. The team has been in operation since April 2003, and during 2006 provided support to 74 people.

The Same as You? national implementation group on Employment (*Working for a change?* 2003) confirmed that people with a learning disability, like everyone else, have an expectation of employment. It went on to recommend that agencies and employers work together effectively to provide continuity and person-centred support on and off the job. These person centred aspirations can also be seen within the draft Lothian' Joint Learning Disability Strategy 2007.

Following consultation in 2006, regarding employment and with the agreement of the Local Area Co-ordination Steering group a West Lothian Learning Disability Strategy has been adopted. This proposes that Social Policy Adults Services should consolidate their existing resources in this area. The purpose of this will be to establish more focused employment support services for people with Learning disabilities.

These proposals are consistent with relevant national and local guidance and reports for the provision of employment opportunities and support to people with learning disabilities.

Working in partnership with key stakeholders, including people with disabilities and their families/ carers should ensure that these developments improve outcomes in this area, keeping the needs and aspirations of people with disabilities at the centre of our service delivery. This work will continue to be monitored throughout the period of this Partnership in Practice Agreement.

Day Opportunities

In addition to the range of Policy drivers previously noted, several other factors have influenced the development of our local Day service provision.

The higher incidence of people with special needs has generated significant changes in the nature and operation of day centres, including increased joint working with the NHS, improved management of risk and higher staffing ratios.

These include people with multiple and complex disabilities, conditions and needs such as help with the social and/or clinical management of:

- diabetes, epilepsy
- assisted feeding, special diets
- incontinence
- mobility
- hearing and visual impairments
- dual diagnosis (mental illness and learning disabilities)
- socially unacceptable or risky challenging behaviours
- Autistic spectrum disorders
- Pre-senile dementia and premature ageing

The fabric and facilities of the two local authority day centres are increasingly inadequate for the task they are now being asked to perform. New care standards and compliance with the DDA in respect of disabled access.

An extensive consultation was carried out asking people with learning disabilities, their families and workers about the future shape of day opportunities in West Lothian. 180 people took part in group meetings and 450 questionnaires were completed. Most people who responded to the consultation exercise welcomed proposals for change. The consultation with users and carers indicated an expressed preference for a physical base from which to access diverse social, educational and therapeutic activities across the whole of West Lothian.

While West Lothian remains above the "Same As You?" national average, in providing alternatives to Day centres, the council recognises the need to ensure that these services continue to be customer focused and person centred.

The proposed changes are:

- the closure of Clarendon and Blackburn day centres,
- development of a new replacement Resource Centre in a central location
- upgrading of Eliburn to accommodate people with complex health and care needs
- further development of outreach and the community support.

Current Future / Service Provision

- New style day services are being developed with an increasing focus on people.
- Providing Person Centred Planning more individualised support.
- Increasing alternatives to Day opportunities.
- Independent Advocacy Services.
- Three Local authority Day Centres and one local unit within the independent sector, accessed according to assessed need.
- Local authority units Blackburn, Eliburn, Clarendon.
- Eliburn has recently been refurbished to support individuals with more complex needs.
- A new resource centre is being developed bringing together those individuals as appropriate remaining at the other units.

Eliburn Day Centre

During 2006 we refurbished and expanded our service provision for vulnerable adults at the Eliburn centre. The service provides a range of day activities for people who have a learning disability and complex needs. Eliburn works closely with families and health care staff to ensure a high quality and continuity of care. In addition to the range of day activities available for service users the centre provides a regular and reliable break for carers. Developing our partnership working, the expanded service now has a nurse, based at the centre along with capacity to accommodate other visiting professionals.

The New Resource Centre

A New Build Advisory Group is currently in place, which includes representatives from users and carers, advocacy, the Design team and relevant managers. The group has looked again at the original user and carer feedback to advise the architects in the development of their work. This is recognised as a major project development with considerable work required to be completed before the actual build itself with on-going user carer involvement. A likely project completion date would therefore be between late 2009 and 2010. The project continues to have the strong support of our local Learning Disability Forum, which is keen to see this work progress.

Local Independent Sector Provider

A limited number of Day placements are purchased from Choices at An Carina for people with a wide range of support needs, challenging behaviour and complex disabilities. This day service has an arts and drama theme.

Responding to Individual Needs

We have continued to develop the Community Inclusion Team to provide alternatives to traditional day opportunities. The Community Inclusion Team provides, workshop placements, outreach groups, and support to access leisure and recreational opportunities.

During 2006 a total of 129 men and 92 women receives alternative, community based day opportunities run by West Lothian Council. A number of them also attending West Lothian College courses.

As indicated above over the next three years, the following developments are planned to further enhance day opportunities. The closure of two older day centres and the provision of a new-build day resource centre in 2008/9. The continued development of Eliburn Support Service as a specialist day resource centre for up to 55 adults with complex physical and health care needs in closer partnership with health.

Our future plans for our Day Services represents a fundamental change in the way these services are provided. Increasingly services are no longer focused on buildings. With an aim to develop better, more flexible and individualised day opportunities. Providing safe, reliable respite for carers. Within this context we will continue develop alternatives to Day Care, improve flexibility and attractiveness of transport services and further increase employment and lifelong learning opportunities.

Information and Awareness

A Learning Disability Information Worker (LDW) is employed part-time 21 hours per week to provide an information service for people with learning disabilities, their families and professionals. The main focus of the role is to ensure that the information provided is accessible to the target group and to support other relevant groups as appropriate.

The LDW has developed a group called “Jargon- Busters”. This is a group of people with a learning disability looking at other organisations leaflets and reporting back on how accessible it is. A grant for £500 has been received from the Unemployed Voluntary Action Fund: Valuing Volunteers. This grant is to recruit and train volunteers to facilitate this group and this group now meets on a regular basis.

A Communication Group has been developed. This group comprises of service providers across West Lothian. The focus of the group is to promote communication across West Lothian. The group is facilitated by the Information Worker and is working with the development of a communication directory. It is hoped that a first draft will be available early in 2008.

The LDW is also part of the West Lothian Learning Disability Forum, up-dating this group regarding information issues as appropriate. The LDW has built up resources of accessible materials for people with learning disabilities and their families, professionals. The Information Worker will continue to provide an up to date list of publications/resources for people with a learning disability and professionals. The aim will be to further increase the accessibility of relevant information for people with learning disabilities, their families and professionals across West Lothian.

The majority of enquiries received continue to be about leisure activities/clubs available for people with a learning disability and information regarding health issues.

During the forthcoming Partnership in Practice period, the service will continue to explore alternative ways of providing information for people with learning disabilities and how service users can be involved in its development. The service also remains committed to providing support to the Communication Group in West Lothian involving service providers in providing and promoting accessible information for people with a learning disability.

The Information Worker post will continue to provide on-going support to “Jargon-Busters”, a group run by people with learning disabilities focusing on accessible information across West Lothian.

A list of publications available from the resource centre and distributed to service providers and users is up-dated on an annual basis.

Living Independently

West Lothian Council has developed a Housing Support Service, managed through the Adult Resource Team to provide support to people living in shared tenancies (leased from Almond Housing Association) and a further small number of people living in dispersed tenancies.

During September 2006, there were 115 people with learning disabilities supported known to be living in their own tenancies.

The existing Adult Placement Service will continue to be developed to provide short to medium stay placements to benefit people aiming to move into their own tenancies. This project was established in July 2004 and currently supports around 30 individuals. It aims to provide tenancy support to key groups of individuals including people moving on from their family homes and people moving to their own tenancy from care homes.

To sustain independent living initiatives, West Lothian Council Housing Services agreed the allocation of up to 40 tenancies to adults assessed as requiring additional support, including people with physical disabilities, mental health problems and learning disabilities.

People with High Support Needs/People with Profound and Multiple Disability

Work within the Joint Lothian Strategic Review currently, aims to focus on people with higher support needs with a view to making recommendations regarding future provision on a Lothian wide basis. Concerns have been raised regarding the level of Allied Health Professional (AHP) services in West Lothian.

A significant development has been the creation of a learning disability Managed Care Network, which serves Lothian and much of Southeast Scotland. This aims to bring together the NHS, local authorities and other stakeholders. The network enables the sharing of ideas on best practice, improved training opportunities, as well as potentially attaining the best use of resources by providing some highly specialist services locally, and others centrally.

Regional learning disability health groups are also taking forward Managed Care Networks for adults with Forensic Needs and Challenging Behaviour, as well as Autistic Spectrum Disorders.

Personal Life Plans

Person Centred Planning is an approach, which enables the service user to have greater control over the development of their own 'life plan' by ensuring that they are at the centre of the planning process. West Lothian Council has provided Person Centred Planning training for key social work and social care staff and will review and revise our Person Centred Planning strategy in the coming months.

In 2006, there were 52 people known to the local authority to have had personal life plans, developed through person centred planning. During the period 2008 -10 we will expand the provision of person centred planning for adults with learning disabilities. This is a key element within the Same as You? Learning Disability review report (2000) and the Joint

Lothian Strategy Review Report. This work will enable West Lothian Council to progressively move towards meeting the expectations of both these reports.

Residential accommodation and preparation for independent living for people with a learning disability

Deans house provides residential accommodation and care for adults with learning disabilities. During 2008 the service will move to a new unit. In addition to providing a significantly improved quality of accommodation this development will offer better preparation for independent living complementing a full range of service provision in this area.

West Lothian Council plans to review provision of residential accommodation during 2008-10 to ensure that all levels of need are being met and that the quality of provision is high.

Support for Family Carers Short Breaks and Respite

Family carers are supported through a range of provision. In accordance with recent legislation, West Lothian Council is offering carers assessments to all carers. Individuals can receive a sitter service in their own homes from Crossroads, and independent providers. Direct Payments are also an available option for short breaks either within the family home or whilst on holiday.

Respite provision is being developed to increase the number of people who can receive a respite package per year. Respite is provided in a range of settings. People with profound and multiple disabilities have placements at Letham Court, Livingston, run by Leonard Cheshire. Currently, 6 people with physical disabilities are being offered respite at Letham Court until a new physical disability respite unit is commissioned.

People with moderate learning disabilities attend Burnside, run by West Lothian Council. Burnside house is a social work service, which currently provides overnight stays for up to 3 adults with learning disabilities at any one time. The unit is sited in a three-bedded flat in a housing association development in Uphall, close to shops and other amenities. It offers a break for Carer's and the chance to take part in a range of activities for individuals staying at the unit. In the coming months this service will continue to expand, offering additional respite days, following the opening of an adjacent unit.

Volunteer befriending

This service provides opportunities to give carers a short break and access a range of inclusive social and leisure activities on a one-to-one basis. Currently there are twenty-seven pairs in place which are supported by a co-ordinator post (28hrs) managed by the Volunteer centre West Lothian based in Bathgate. The service continues to be very popular and maintains a waiting list, which it continues to review.

Sexual Wellbeing

In collaboration with social work and health partners across Lothian, a relationships and sexual wellbeing policy, 'Making Choices, Keeping Safe' was developed. West Lothian Council and NHS Lothian continue to roll out the implementation of this work.

4. OLDER PEOPLE

Health Needs Assessment Report 2004 & The Same as You? report 2000.

The Health Plan “Our National Health, a plan for action a plan for change” (Scottish Executive 2000), indicated that the health of older people would be a new priority for NHS Scotland. An expert group on healthcare for older people reported in “Adding Life to Years” that Scotland’s population has already aged significantly and will age still further.

People with learning disabilities are living longer than ever before, and older persons with learning disabilities have higher levels of health needs than the general population (NHS Health Scotland 2004). This is because they have risk factors for:

1. Health needs that can affect the whole population.
2. Health needs related to ageing.
3. Health needs related to having learning disabilities.

Common age-related physical disorders such as hypertension, stroke and heart disease may be as prevalent as with non learning disabled people, however the rates of sensory impairments, epilepsy, thyroid disorders, obesity, mobility problems, osteoporosis and respiratory problems are higher amongst older persons with learning disabilities. The most prevalent causes of death are different for older people with learning disabilities (respiratory disease followed by cardiovascular disease) compared with the general population (cancer then ischaemic heart disease) and there is still a significantly increased early mortality, which relates to the degree of learning disability.

About two-thirds of people with learning disabilities have additional mental health problems. This can include any of the full range of mental health needs, from developmental disorders such as attention deficit hyperactivity disorder of adults, problem behaviours that have persisted through adult life, recent onset or severe and enduring mental health problems to acquired dementia. Dementia is around four times more common in people with learning disabilities and particularly common in people with Down’s Syndrome for whom it is almost entirely of early onset. There are advantages to detecting dementia as early as possible both in terms of treatment and in providing support to affected people and their carers. There are also very high rates of additional behaviour disorder and also of Autistic Spectrum Disorder.

Women with learning disability have many transitions to make in life. One that is often not recognised, discussed or explored, but which can have a huge impact on a woman’s health is the menopause. Because of a lack of knowledge or understanding of the problem, menopausal symptoms can be mistaken as mental ill health, challenging behaviour or many other conditions.

Older people with learning disabilities live in a diverse range of settings where they are usually in a minority. Diagnostic overshadowing is a particular issue for the older person in learning disabilities settings additional health needs are often inappropriately attributed to old age; whereas in old age settings additional health needs are often inappropriately attributed to the person’s underlying learning disabilities. This can result in failure to address needs. Older persons with learning disabilities are unlikely to report symptoms.

There is a strong indication for proactive screening programmes.

Older persons with learning disabilities differ from the older general population and younger people with learning disabilities in usually not having close family supports. Service supports therefore must be robust.

Nevertheless The Same as You? report 2000 states that older people with learning disabilities should not be seen as different from older people generally.

Local authorities and Health services need to make sure that older people with learning disabilities have the same access to health and social care support as older people generally. They should make sure there are links with mainstream services for older people and those with dementia to identify the most appropriate services to provide. Specialist knowledge is important here as elsewhere and health boards and local authorities should make sure that there are local professionals who have appropriate expertise to make sure dementia is diagnosed early on. Health services should promote the health and well being of older people with learning disabilities. Older people with learning disabilities and people with dementia will need appropriate day services and recreational opportunities with appropriate links to the mainstream services for older people. Health boards, NHS trusts and social work departments should make sure that care staff and support workers have the training they need to meet the needs of older people and those with dementia.

The Same as You? report recommended that Health boards and local authorities should make sure that local professionals are trained to look out for early signs of dementia and so can provide assessment and appropriate responses and services.

The report also noted that older people with learning disabilities are often cared for by parents who become frail and less able to provide the physical support or care needed. In particular the effect on family carers of caring for children and adults with more complex needs has been shown to result in greater health needs, stress, anxiety and depression for the carers. Many parents who are carers find it hard to plan for the future. Professionals should respond to carers' readiness to plan and be sensitive to cultural and ethnic influences that may affect attitudes to family caring. They should consider carers' needs as a very important part of any care package for people with learning disabilities.

The Same as You? pointed out that experience of the loss of a parent who is a carer for people with learning disabilities may lead to a double crisis. For adults who live with family members, death or increasing frailty of parents may result in having to move home. This can have huge health consequences and the process needs to be handled very carefully. Maintaining as much contact and continuity as possible with friends and others is essential. It is also very important that people with learning disabilities have the time and space to grieve

The Same as You? report therefore recommended that Life Plans for people with learning disabilities who live with their parents should include plans for a time when parents may no longer be able to provide care.

By using the Patient Information Management Service (PIMS) data collection system for the NHS Lothian health Care Organisations it was possible to search for all individuals, who have case-note references indicating contact with NHS Lothian Learning Disability services or had been given a coding for having a learning disability. Using this method the Lothian wide strategic review reported information set out below for NHS Lothian. Additional information is also available from data collected by WL council for the Same as You? reporting. It is important to note that these numbers are based on individuals known to these services and will not fully represent the actual numbers of people involved. However they are helpful in providing a broad picture and in estimating the population that will have needs both currently and into the future.

The information can be broken down by age:

Age Range (years) Nos.
known to NHS Lothian

Estimates for West Lothian (20%)

51-55	340	7%	68
56-60	300	6%	60
61-65	198	4%	40
≥66	483	10%	96
Total	1,321		264 (196 known to WLC)

Both Health service and local authority records indicate that around 30% of the total known learning disability population to have come into contact with the Learning Disability services are people over the age of 50.

Health service data would suggest that around half of these are over sixty years old. The estimates for West Lothian would therefore indicate around 60 individuals moving into the over 60 range within the next 5 years.

The Lothian review report indicates that in relation to Healthcare in Lothian there are currently no formal mechanisms in place targeting people with learning disabilities approaching the age of 65. However an older people's health checklist is made available to carers of people who are 50 years or older by the Community Learning Disability Teams. Clinical Psychology offers baseline and follow up assessments for clients for whom there is concern that they may be developing dementia. The Hospital Liaison Nurses work with Medicine of the Elderly Services when people aged 65 years or more are transferred from other acute hospital services.

The West Lothian Community Learning Disability Team (CLDT) is frequently the first point of contact for someone requiring a specialist service and they have a wide range of staff with expertise in diagnosis and assessment. These include input from psychiatry, psychology, nursing and speech and language therapy offering a systematic approach. People with learning disability in Lothian have access to cognitive enhancing medications at the Lothian Memory Treatment Service. A Consultant Geriatrician is responsible for selecting and monitoring treatment where appropriate, with follow up provided by the CLDT and review of care packages with local authorities done on a case by case basis. The CLDT provides direct support to the person and their family and carers and the planning process involves staff from other agencies including social work. This approach has led to a number of developments and innovations.

A Training Guide for Staff "Learning Disability in Dementia" has been developed by members of the Older Adults with Learning Disabilities Working Group and circulated to appropriate care providers.

Further Education Colleges have been supported to develop "Growing Older" courses for older students with learning disabilities.

The Lothian wide Older Adults with Learning Disability Working Group has produced a training guide, the Older People's Health Checklist and information booklets were developed in collaboration with Down's Syndrome Scotland in addition to a health-specific dementia diagnostic pathway. The purpose of this is to prompt carers to consider the health needs of older people with learning disabilities and take action where appropriate. Copies of the checklist have previously been distributed through CLDTs to carers of service users over 50 years and over 40 years if they have Down's Syndrome.

This long established multi-agency working group expanded its membership and agreed to look at the needs of older people with learning disability and contribute to the Joint Lothian Learning Disability Strategic Review.

The group has worked collaboratively with the Professional Development Group and Dementia Co-ordinators to develop a specialist course for care staff in Learning Disability and Dementia. This was piloted in February 2007 and evaluation questionnaires provided very positive feedback. Further courses are being planned.

The group met in December 2005 to develop a PATH. This was intended to provide a focus for the future work of the group and to determine how we think services for older people with learning disability need to change to be able to respond to increasing and changing need.

The group has continued to meet regularly and has reviewed membership to include representation from service users and carers. The group now has a service user with support from an advocacy worker and a carer from Edinburgh as members.

The group has written a paper about services required by older people with a learning disability and by people with dementia and a learning disability. This paper has also been produced in an "easy read" version.

The paper describes services that are available in Lothian now and makes reference to the NHS Quality Improvement Scotland assessment of services in Lothian in August 2005. The second part of the paper offers a view from the group about how future health services should develop. These recommendations have been developed from the PATH, are based on the experience of group members in the care of older adults with a learning disability and from examination of the literature on ageing in learning disability.

The document discusses the needs of individuals with Down Syndrome who are particularly prone to developing Alzheimer type dementia as they get older. The prevalence of dementia in this group increases significantly once they reach the age of 50.

The paper addresses the significant physical health needs and the greater degree and range of problems experienced by older people with a learning disability. There is also discussion about the mental health needs of this population.

The paper also acknowledges the changing needs of family carers who themselves may be going through the ageing process.

The group has stated what they believe are the rights of older people with learning disability with regard to the services they receive.

Some of the key themes that emerged from the PATH in terms of needs were:

- Proper person centred planning
- Support in own home
- Information accessible and freely available
- Responsive services supports that are there when people need them
- Planning for life, transition, death and loss

- Broader health check
- Proactive inclusion
- Support for families and carers
- Support, advice and training
- A variety of good respite services
- Fulfilling lives
- Social opportunities
- Dignity in illness and death
- Enhanced communication skills and support, advice and training to go into GP surgeries

WHAT WE PLAN TO DO IN 2007-10

- In order to better support people with dementia, a multidisciplinary assessment pathway and review system for dementia will be operated by the West Lothian CLDT with a commitment that all service users who have a diagnosis of dementia will remain an open case to at least one member of the CLDT for the course of their life.
- A Keeping Healthy Checklist, developed by the Health Promotion Subgroup of the Older Adults with Learning Disability Working Group will continue to be available for Carers.
- Through collaborative work with Down's Syndrome Scotland, develop a service user's version of the Keeping Healthy Checklist. This will be distributed and service users will be supported to use it.
- West Lothian College has previously run a course entitled "GOLD" similar opportunities will be considered for service users attending Day Services who are unable to travel to the college.
- NHS Lothian and West Lothian council will continue to develop opportunities for health and social work to share information to benefit the development of appropriate services.
- Develop a proposal to offer a hearing clinic for older adults with learning disabilities in West Lothian.
- The West Lothian CLDT will use a pack called "Supporting Women with Learning Disabilities through the menopause" This will provide information for service users and those who care for them.
- In line with The Same as You? report recommendation 26 West Lothian council will review the provision of Person Centred Planning in this area. The aim would be to establish PCP standards and more focused Person Centred Planning support for people with Learning disabilities.

- A Training Guide for Staff “Learning Disability in Dementia” previously developed by members of the Older Adults with Learning Disabilities Working Group will continue to be made available to appropriate care providers.
- Further courses are being planned of the specialist course developed in 2007 collaboratively by the Professional Development Group and Dementia Coordinators, for care staff in Learning Disability and Dementia.

5. Actions & Resources

Lothian Wide Health Provision

Please note that NHS Lothian provides a range of services for both children and adults which include Assessment, Treatment and Respite on a Lothian wide basis. As it has not been possible to fully identify the cost of these resources only within West Lothian, these services are not included within the following section. Additional information is available within the Lothian Joint Learning Disability Strategy regarding services for adults. For children, the "Children's Services Plan" represents the key joint planning document for West Lothian. This builds on the provision of robust universal services aimed at promoting early identification of need and early intervention.

West Lothian Child Disability Service (CDS)

It is not possible to separate out all the services which West Lothian council provide for children with a Learning Disability and those with other disabilities. The Child Disability Service indicate that a large majority of children they work with have some level of Learning Disability. The figures provided in table 1 therefore bring together a wide range of services funded through the Child Disability Service (CDS).

Table 1.

Child Disability Service (CDS)	Full Year Actual	Full Year Budget
	06/07	07/08
	£1,000's	£1,000's
Staffing of CDS	£146	£175
Residential School	£507	£392
Section 22 Children (Scotland) Act	£285	£289
Section 17 Children (Scotland) Act	£197	£101

Staffing of CDS - includes all services provided by the members in the team i.e. assessment, care management etc.

Residential school - as indicated includes all children placed in a residential school provision. All of these placements are jointly funded so the actual funding is likely to be double that above.

Section 22 Children (Scotland) Act 1995 - includes all of the support we provide to children, parents/carers and siblings. This includes:

- Personal care
- Short breaks from caring (in and outwith the home)
- Overnight respite
- Outreach support
- Befriending

- Direct payments
- Transport (to support the above or to support access to holiday activities)

Section 17 Children (Scotland) Act 1995 - includes support provided to Looked After and Accommodated children. This includes:

- Placement fees
- Transport
- Support with contact
- Additional respite

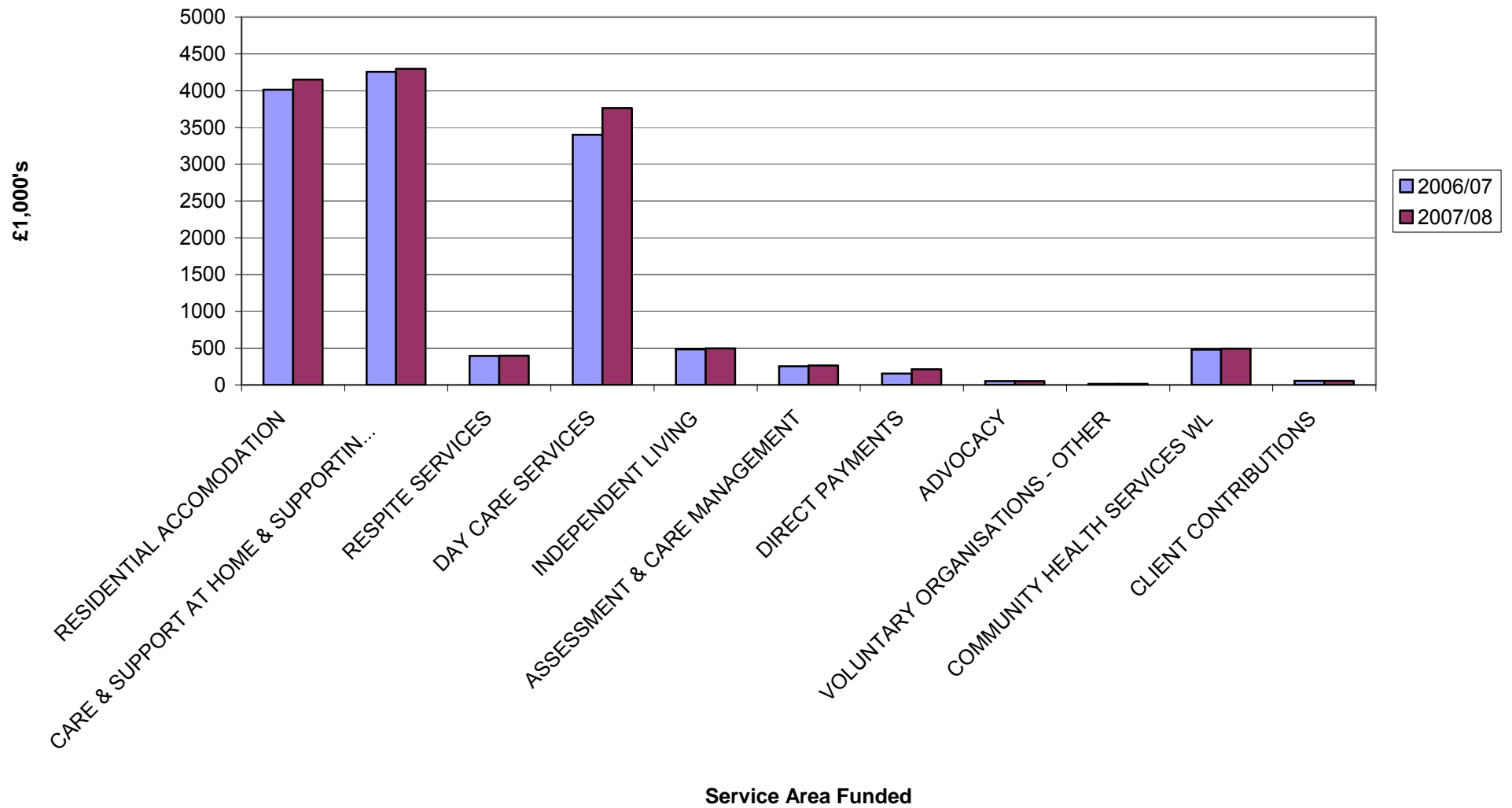
Table 2.

WEST LoTHIAN COUNCIL AREA SERVICES FOR ADULTS		
SERVICE	2006/07	2007/08
	Gross Budget	Gross Budget
	£1,000's	£1,000's
RESIDENTIAL ACCOMODATION	4013	4151
CARE & SUPPORT AT HOME & SUPPORTING PEOPLE	4257	4297
RESPIRE SERVICES	393	396
DAY CARE SERVICES	3401	3764
INDEPENDENT LIVING	482	495
ASSESSMENT & CARE MANAGEMENT	254	263
DIRECT PAYMENTS	153	214
ADVOCACY	51	53
VOLUNTARY ORGANISATIONS - OTHER	14	14
COMMUNITY HEALTH SERVICES WL	481	492
CLIENT CONTRIBUTIONS	55	55
TOTAL SPEND	13554	14193

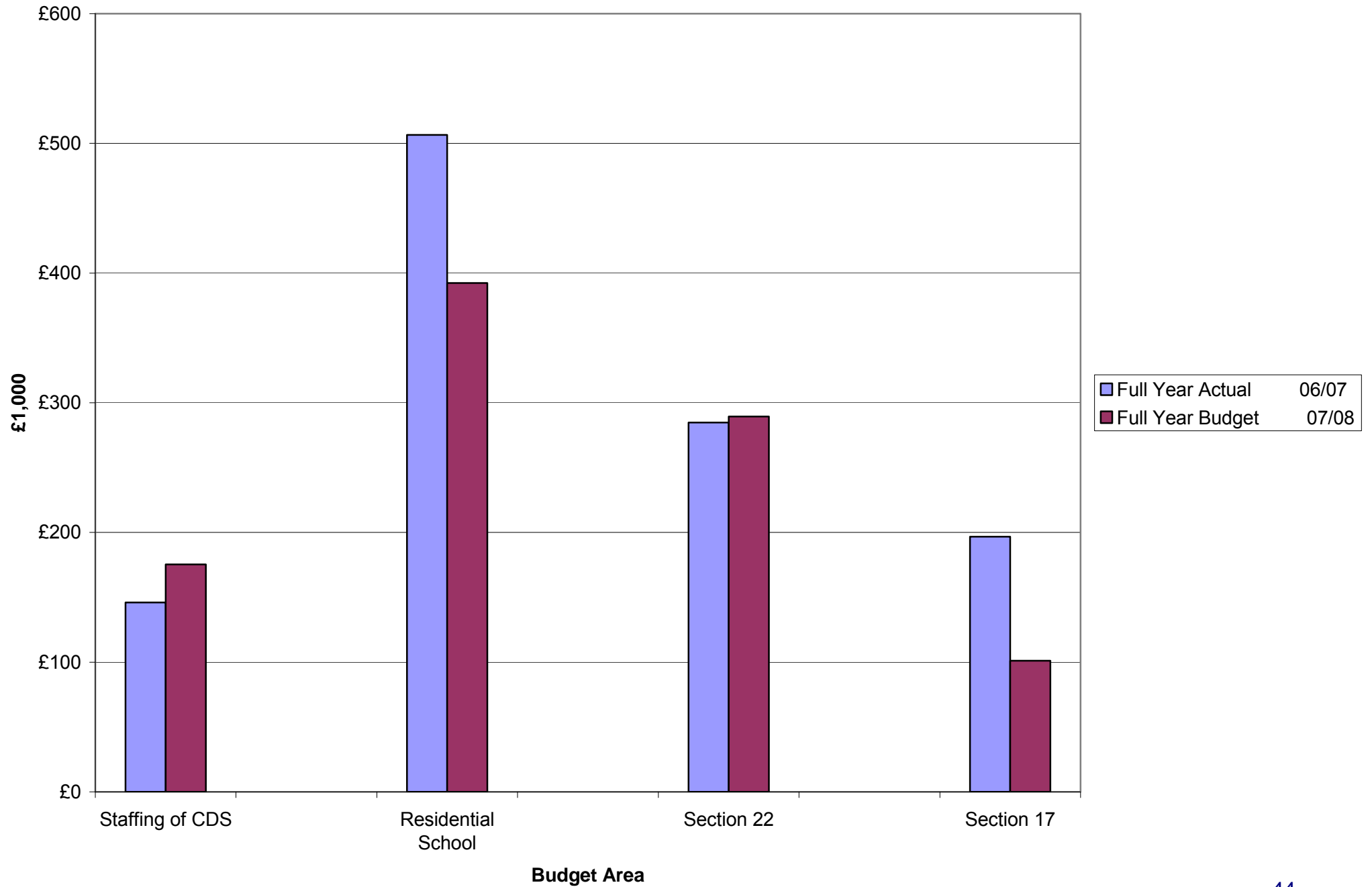
Table 3.

Learning Disability Services for Adults Budget £1,000's		
	2006/07	2007/08
Council Care Budget	9359	9988
Resource Transfer Funding	1997	1997
Supporting People Funding	1661	1661
Community Health Services WL	481	492
Client Contribution	55	55
Total	13554	14193

West Lothian Learning Disability Services Adults Budgets 2006 - 08



Children with Disabilities Team Budgets



The following Aims, Purpose & Principles underpin all sections of the attached Services Action Plan.

- | | |
|---|---|
| 1. Enabling and Sustaining Independence | 4. To improve quality of life and promote choice. |
| 2. Promoting Inclusion | 5. Safety and Protection |
| 3. Meeting Lifelong Learning Needs | 6. Meeting Healthcare Needs |

Area of Work	Policy Outcome / Objective	Action / Development	Responsible Service / Team/ Group
1. Services for Children & Young People	The integrated Children's Services Plan for all children builds on the provision of robust universal services. Promoting early identification of need and early intervention enabling the targeting of services to those children and families most in need.	The Child Disability Service specialises in services for children affected by a disability, undertaking assessment of need of children and of their carers and organising services for families to meet those needs. West Lothian CHCP will: Continue to provide and manage a local 'Team around the Child' to support children and young people with complex health care needs within West Lothian	Lothian NHS West Lothian council, Social Policy The Child Disability Service
	Developing services to support and enable children and young people with disabilities to pursue inclusive and fulfilling lifestyles.	Lothian NHS, in partnership with West Lothian council have established an integrated service delivery within the Child Development Centre which is part of Beatlie Campus. This provides a single door to service for children with developmental difficulties and their families.	Lothian NHS West Lothian council, Social Policy Child Development Centre Beatlie Campus
	Promoting social inclusion and better integrated working.	For children with special needs a co-ordinated approach will continue to be taken to deliver care working in partnership with other agencies, including integrated assessment, co-ordination of care, joint care plan documentation and jointly provided packages.	Lothian NHS West Lothian council, Social Policy

Area of Work	Policy Outcome / Objective	Action / Development	Responsible Service / Team/ Group
<p>2. Person Centred Plans / Personal Life Plan</p> <p>PLPs can be called person centred plans (PCPs).</p>	<p>To increase our provision of PCP's meeting the requirements of recommendation (3) of the Same as You? "everyone with a learning disability who wants one should be able to have a personal life plan (PLP)".</p> <p>Recommendation 4 & 5 Joint Lothian Review.</p>	<ol style="list-style-type: none"> 1. Establishment of a new "Independence Team" targeting greater support for the development of independent living. 2. Direct additional resources towards the development and co-ordination of individual PCP's, consistent with our service's principles, purpose, best practice and the SAY? 4. Develop agreed standards for PCP Update our provision of SDS in view of new guidance. 5. Enable the development of 16 additional PCP's 	<p>Social Policy</p> <p>Independence Team Assessment & Care Management Day Centres</p>
<p>3. Employment</p>	<p>Developing a range of employment opportunities for people with learning Disabilities in accordance with recommendations (15) & (16) of 'The same as you?'</p>	<ol style="list-style-type: none"> 1. Service redesign to develop and provide employment focused support services for people with Learning Disabilities. 2. Provide additional resources towards the development of this work through the Independence Team. 3. Prepare and support 20 people with learning disabilities to take up paid work. 	<p>Social Policy Independence Team. Employment Support Services.</p>
<p>4. Further Education & Training Opportunities</p>	<p>Develop more flexible and responsive services, which support people in the community through employment, lifelong learning and getting them involved socially. In accordance with recommendation (15) of 'The same as you?'</p>	<ol style="list-style-type: none"> 1. Develop opportunities for lifelong learning with West Lothian College and others in neighbouring authorities for 69 people. 2. Maintain Links with West Lothian College via LD Forum. 3. Develop Transition Planning. 	<p>Social Policy West Lothian College Independence Team Assessment & Care Management Day Services.</p>

Area of Work	Policy Outcome / Objective	Action / Development	Responsible Service/ Team/ Group
7. Day Opportunities	<p>Learning Disability Services recognise the need to ensure that the provision of Day Services continue to be customer focused and person centred. The same as you states that the role of day centres should change. They should increasingly become community resource centres. Current figures indicate that 35% of people known to W.L. Council are offered alternatives to Day Care (National Average 27%) SAY? Figs 2006.</p> <p>Page 56 Paragraph 11. SAY?</p> <p>Local authorities need to be sensitive to the anxieties and views of users and carers. They need to balance the needs of users and carers so that they help the person with disabilities and prevent family breakdown. Good personal planning for the person with learning disabilities will take full account of the needs of their carer.</p> <p>Page 56 Paragraph 13. SAY?</p> <p>The SAY? states that for, “a number of people with complex needs, but particularly those with multiple and profound disabilities and some people with autistic spectrum disorders, will continue to need structured day opportunities.Health boards need to consider developing more outreach services for people in these settings.” Page 55 Paragraph 8. SAY?</p>	<ol style="list-style-type: none"> 1. The progressive development of new style day services with an increasing focus on individual need supporting up to 237 people. 2. Development of a new replacement resource centre, with more person centred objectives. 3. Continue to develop the community inclusion team (CIT) to provide alternatives to traditional day opportunities for 85 people. 4. Development of employment support through the new independence team (see item 4). 5. Independent day unit commissioned to provide services for 14 people with a learning disability with challenging behaviour /A S D. 6. Developing our partnership working, additional nursing support, has been based at the Eliburn Resource centre along with capacity to accommodate other visiting professionals. Further support is under consideration. 	<p>Social Policy</p> <p>Day Centres Blackburn, Eliburn, Clarendon Choices ltd (Independent sector)</p> <p>Community Inclusion Team</p> <p>Independence Team.</p> <p>NHS Lothian</p>

Area of Work	Policy Outcome / Objective	Action / Development	Responsible Service / Team/ Group
8. Transition	<p>To enhance the service for young people in transition from childhood to adult hood.</p> <p>Ensuring that the needs of individuals are fully considered and that appropriate individual plans are formed for each young person.</p>	<p>Transition Group formed which includes representation from both children's and adult's services in Social Policy, Education services and Health services.</p>	<p>NHS Lothian</p> <p>Social Policy children's and adult's services.</p> <p>Education Services.</p>
9. Local Area Co-ordination	<p>To maintain and develop existing access to LAC services in accordance with recommendation (2) of 'The same as you?'</p>	<ol style="list-style-type: none"> 1. Consolidation of LAC services within the new Independence Team. 2. Provide LAC services for 75 people. 	<p>Social Policy LAC's</p>
<p>10. Advocacy / Service User Involvement/ Information.</p>	<p>To maintain and develop existing access to advocacy services linking to recommendation (11) of 'The Same as You?'</p> <p>Recommendation 7 – 11 & 16 Joint Lothian Review.</p>	<ol style="list-style-type: none"> 1. Continue joint commissioning with NHS Lothian of local advocacy services for 120 people with learning disability. 2. Provide on-going support to Service User group Our Voice Our Choice (OVOC). 3. Maintain access to Information Service for People with Learning Disabilities (150). 	<p>Social Policy NHS Lothian Ace Advocacy</p> <p>OVOC</p> <p>Information Service DWL.</p>

Area of Work	Policy Outcome / Objective	Action / Development	Responsible Service / Team/ Group
11. Meeting Healthcare Needs	<p>The Health Needs Assessment "People with Learning Disabilities in Scotland" 2004. Improving Health Surveillance</p> <p>Health Promotion</p>	<p>Community Learning Disabilities Nurses in West Lothian offer a health surveillance assessment to all adults referred to their service. All the CLDT's are multidisciplinary.</p> <p>NHS Lothian provides a liaison service for people with learning disabilities at St Johns Hospital.</p> <p>Health promotion work for people with learning disabilities in Lothian continues to focus on a number of areas aimed at developing improving access to health services and raising health awareness issues for people with learning disabilities.</p>	<p>NHS Lothian</p> <p>NHS Lothian Social Policy</p>
12. Older People	Improving services for older people with learning disabilities.	NHS Lothian and West Lothian council will continue to develop opportunities for health and social work to share information to benefit the development of appropriate services.	NHS Lothian Social Policy
	To improve support to people with dementia with learning disabilities.	A multidisciplinary assessment pathway and review system for dementia will be operated by the West Lothian CLDT with a commitment that all service users who have a diagnosis of dementia will remain an open case to at least one member of the CLDT for the course of their life.	NHS Lothian West Lothian CLD

References:

The 'Same as you?' Learning Disability Review report (2000).

'Working for a change?' (2004). Short life working group report on employment opportunities

"Home at last?" (2004) Report on the national hospital closure programme.

"Having your say?", (2006) report regarding advocacy,

"Make My Day!" (2006) Report regarding day services

"Changing Childhoods" (2006) report regarding children.

Adults with Incapacity (Scotland) Act 2000,

Mental Health (care & treatment) Scotland Act 2003

Adult Support & Protection Act 2007,

The Education (Additional Support for Learning) (Scotland) Act 2004

Changing Lives (2006) The 21st Century Social Work Review

Joint Lothian Learning Disability Strategy Review (2007) Draft.

West Lothian PiP Agreement 2004 - 07